

THE WEEKLY NEWS

FREE Take Me Home

Vol. 19, No. 46

From the Beaches to the River District downtown Fort Myers NOVEMBER 13, 2020

FGCU Named Top Green School In Florida

Florida Gulf Coast University (FGCU) is one of the nation's most environmentally responsible colleges or universities, according to *The Princeton Review*. Coming in at numgber 32, FGCU was the only school in Florida to make the Top 50 Green Colleges list, outranking Virginia Tech, Michigan State University, Emerson College, New York University and Arizona State University, among others. Outside of the top 50 ranked colleges and universities, an additional 366 are featured in *The Princeton Review Guide to Green Colleges: 2021 Edition*.

"One reason FGCU scores so highly and has made this list is because we do an exceptional job of preparing our students to be leaders in sustainability, regardless of their career or major," said Jennifer Jones, PhD, associate professor of environmental studies and director of FGCU's Center for Environmental and Sustainability Education.



The solar field at FGCU

Educational initiatives, such as University Colloquium, introduce students to the complexities of developing the sustainable societal patterns each will face as they

photo provided

launch their careers. University Colloquium is an introduction to sustainability that is a graduation requirement of every FGCU undergraduate student. Faculty members

from every college as well as members of the community join students from all majors for discussion in the classroom and experiential learning in the community.

Beyond University Colloquium, approximately 30 percent of FGCU's classes have sustainability embedded in them. That effort is further developed through the Integrating Sustainability Across the Curriculum (ISAC) Academy. The ISAC Academy provides time, space and resources for faculty at all career stages across the university to engage in inter- and cross-disciplinary discussions for sustainability curriculum development.

In recent years, FGCU has doubled down on its environmental commitment. Building on two decades of proven academic excellence in water-related research and initiatives – as well as in business, health and engineering – the university officially launched The Water School in March 2019. The school brings disciplines from across campus together to focus on one subject: water.

Outside campus, FGCU's Center for Environmental and Sustainability Education expands the university's "green" footprint.

continued on page 6



An aerial photo of a previous Fort Myers Boat Show

photos courtesywww.goboatingflorida.com/boating-shows/2020-fort-myers-boat-show

Fort Myers Boat Show Going On Downtown

The 48th annual Fort Myers Boat Show, Southwest Florida's premier boating showcase, has returned to the downtown river district from Thursday, November 12 through Sunday, November 15. Hours for the consumer-and family-friendly show are Thursday, Friday and Saturday from 10 a.m. to 6 p.m. and Sunday from 10 a.m. to 5 p.m.

From Centennial Park to the Fort Myers City Yacht Basin, boats of all styles and sizes will be displayed on land, indoors and in the water. Hundreds of accessory exhibits feature everything from engines and electronics to boat lifts, boating services, fishing gear, clothing and just about anything else you might need on the water.

After three years of construction, the long-awaited Luminary Hotel and the refurbished Caloosa Sound (formerly Harborside) Convention Center are open.

In light of the COVID-19 virus, Fort Myers Boat Show coordinators are taking preparations for safety



Attendees view boats along the festival grounds

and sanitizing. Most of the event is outdoors, allowing plenty of room for social distancing. Indoors, the floorplan is designed with wider aisles to keep everyone safe. There are frequent hand sanitizing stations along with show staff monitoring entrances, exits and other high traffic points to maintain distancing requirements.

This is the largest display of boats, boating products and services on Florida's west coast, featuring over 600 boats on land and in water, representing over 130 manufacturers. Set on the Caloosahatchee, exhibits wind along the river, through Centennial Park and Edwards Drive, through the newly

renovated Caloosa Sound Convention Center and to the City Yacht Basin. The show is great for anyone who is in the market for a boat, looking to repower or upgrade a current boat, or just check out what's new.

Admission is \$16 for adults, children age 15 and younger are free with a paid adult admission. Visitors can buy tickets online or at the gate.

The boat show entrance is located under the Caloosahatchee Bridge along West First Street near Joe's Crab Shack. For a list of boats on display, exhibitors, show layout or to purchase tickets, visit www.goboatingflorida.com/boating-shows/2020-fort-myers-boat-show.

Historic Downtown Fort Myers, Then And Now:

Old-Time View On Hendry



by Gerri Reaves, PhD

or a startling illustration of just how much a view can change, stand near the northeast corner of Hendry and Main – as a photographer did more than 110 years ago - and look toward the Caloosahatchee.

Of course, the circa-1908 photographer didn't stand in front of the Edison Theatre, but instead near the front of Guy B Reynold's store (right), built in 1905 just a smidgen north of where the Edison Theatre building is now.

Reynolds lived on the second floor of his store, which apparently targeted the well-off seasonal yachting crowd, according to his advertising slogan, "When ready to stock your yacht try us."

On the horizon at the end of the street is the Hendry Street dock and the Caloosahatchee. At that time, the riverbank lapped up to what is now Bay Street.

As you visually work your way back along the east side of Hendry to Reynold's store, you'll see that the only structure in the historical photo that still exists today is the Bradford Hotel building, on the corner at First, just to the right of the far-left utility pole.

In the center of the photo is the rear of a large two-story wood frame structure that housed Evans & Co. (lower floor) and Phoenix Hall (upper floor).

That structure on the southeast corner of First and Hendry had been built in 1890 by

Howell A. Parker, who was not only the town's first mayor, but also had been one of its first merchants.

Another of Howell's claim to fame: he was the great-uncle of the legendary businessman Harvie E. Heitman, who first came to town as a young man to work for his great-uncle.

Heitman built several notable downtown buildings, including the Bradford, and was an important local political figure.

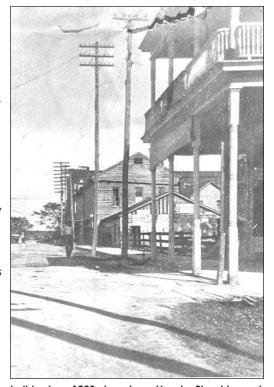
Edward L Evans ran the store, which advertised that it sold everything needed "from cradle to grave" - from lamps, barrels, ploughs and mattresses, to washboards, chairs, gun holsters, rugs, sewing machines and coffins.

The second floor of Phoenix Hall was, perhaps, the town's first secular community center, a role that churches and schools fulfilled in the early pioneer days.

The hall hosted meetings, parties, club events, dances, touring theater troupes, concerts and more.

Plenty of notable local history occurred there, including the organization of the town's first baseball club, in January 1896, and the organization of the volunteer fire department, in May 1901.

Look closely at the hall's roof near the corner to see the shining fire-alarm



In this circa-1908 view down Hendry Street toward the Caloosahatchee, the balconied Reynolds and Sons store stands on the right. Center is the rear of Evans & Co. (ground floor) and Phoenix Hall (upper floor) on the southeast corner at First.

photo courtesy SWFL Historical Society

bell the new department installed

Directly behind that large building is a wooden fence that led to an open area behind the First Street businesses.

One of those businesses was a livery stable, mid-block.

That open space was used in a variety of ways in early history, among them baseball practice and as a space to set up a carnival's merry-go-round.

Surprisingly, even into the 1940s, while the block still had an open lot, horses were tied up - and, unfortunately, even hobbled – in the open area behind the Earnhardt Building.

There was also a portable restaurant located there, the White Wagon Lunch.

Those facts and the dirt street visible in the historic photo are vivid reminders of Fort Myers's cow town's

Look down Hendry today and you'll see that development has pushed the Caloosahatchee a couple of blocks northward and the river view is blocked.

The neoclassical-style First National Bank, built in 1914,

replaced Evans & Co and Phoenix Hall. The former bank is now a law firm.

The block between First and Main is built out now, so that former gateway to a livery stable vanished decades ago.

in 1941.

Reynolds's store lasted until the early 1940s, known over the years by different names, lastly B&B Cash Grocery.

The store was demolished around 1941 when the Art Deco-style Edison Theatre was constructed.

Walk down to Hendry and Main, look north and imagine the days before paved streets, when horses still came to town and were "parked" behind businesses.

Learn more about how Hendry Street modernized at the following two research centers.

Hours might be affected by the coronavirus pandemic, so call first.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www. leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.

theimag.org.
Sources: The Archives of the Southwest Florida Historical Society, the Fort Myers Press, The News-Press and The Story of Fort Myers by Karl H. Grismer.

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WEEKLY NEW **Graphic Arts/ Reporters**

Gerri Reaves, PhD Kathy Kurtz Ferrari



By the mid-20th century, this block of Hendry was

built out. The Edison Theatre (on the right) was built

photo by Gerri Reaves

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Sue Pink won Best in Show for *Blu* images provided

Beach Art Group Fall Judged Show

The Fort Myers Beach Arts Association (FMBAA) is displaying the Fall Judged Show, Calm in Chaos, in its gallery. Barbara Anderson Hill judged the show, which is sponsored by the Red Coconut RV Park.

Recipients for the awards include: Best of Show and first place (Lee Ackert Memorial Award) – *Blu* by Sue Pink (\$300)

Second place – Bushwick Avenue by Robert Mueller (\$150)

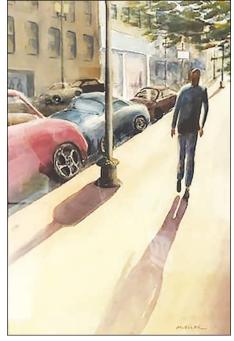
Third place (Gretchen Johnson Memorial Award) – *Just a Little Outside* by Julie Nusbaum (\$100)

Maya Bryant for Plein Air – *Under the Bridge* by Carol Goodling (\$100)

Merit Awards – From Doc Fords by Kathy Taylor and A Stitch in Time by Penny Fox (\$50 each)

Honorable Mention Award – Tween the Waters by Michele Barron Buelow and Pesce Leone by JoAnn LaPadula (\$35 each)

In Studio Two, FMBAA is featuring a new show, Following Vlad. During the spring shutdown and the months that followed, six artists from the Fort Muers Beach Art Association followed Sarasota artist Vladislav Yeliseyev for his Paint Along with Vlad weekly online painting sessions. This exhibition features the works done by the local artists during Vlad's paint-along sessions. Artists exhibiting are Kathy Taylor, Penny Fox, Susanne Brown, Donna Thorp, Marie Crist and Carol Bastin. The artists received a photo of the scene to be painted in advance of the paint-along so they could get a start on preparing a sketch. Each session began with a discussion of the



Robert Mueller took second place for Bushwick Avenue

sketch to settle on the composition and values. All works are in watercolor. "In preparation for each paint-along session, I hooked my computer up to my big screen TV and painted with Vlad just like I was in his studio," said Taylor. The show runs through Thursday, November 19.

FMBAA welcomes John Rizza as Artist of the Month at the Shucker's Galleria. He has been featured in multiple newspapers, at least one magazine and news spots. FMBAA has partnered with Shucker's who is using their indoor dining room to display and sell artworks. They are also hosting plein air painters at their monthly Art Walk event on Tuesday afternoon, November 24. Shucker's at the Gulfshore is located at 1250 Estero Boulevard on Fort Myers Beach.

The gallery is open Monday through Thursday from 10 a.m. to 3 p.m. with limited capacity and masking required.

For more information, visit www. fortmyersbeachart.com, email fmbaapublicity@gmail.com, call 463-3909, or stop by the FMBAA gallery at 3030 Shell Mound Boulevard on Fort Myers Beach.

Camera Club To Meet On November 20

The 2020-21 Fort Myers Camera Club invites all photographers from beginners to advanced with all interests to attend its meetings the first and third Fridays of each month from November through April 9.

Zoom meetings will be held for speakers, instruction, critiquing images and competitions. The club also does socially distanced outings. Novices are welcome and mentoring is available. The annual membership is \$30. Visit www.ftmyerscc.com for more information and contact for a Zoom meeting invitation.

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Dick Burany donated this baby grand piano to the Players Circle Theatre and Performing Arts Center. He is pictured with the piano and his girlfriend, Sheri Weitner photo provided

Theater Gets A Surprise Donation

layers Circle Theatre and Performing Arts Center received an unexpected surprise donation on its opening weekend as it transformed itself from a 180-seat theatre to a 76-seat COVID-19 safe nightclub. It happened on its second night of performances with New York City comic RC Smith. Producers Carrie Lund and Robert Cacioppo greeted the audience in the beginning of the evening and spoke about buying a baby grand piano so they could present the Danny Sinoff Jazz Trio the following week on an acoustical instrument and not an electric keyboard. Lund asked if anyone in the audience would be interested in sponsoring this purchase.

"After the show, which was great

ALL ABOUT

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by the way, a gentleman, who I did not know, came up to me, and said he would buy the piano for us," said Lund. "He spoke about how blessed he had been in his life, about what a great time he had that night, and wanting to help out." The gentleman was North Fort Myers resident Dick Burany, who was introduced to Players Circle Theatre by his girlfriend, Sheri Weitner, a volunteer usher in the

"Obviously, this is a tough time for the arts, due to COVID so this donation is really timely. Plus, in a very meaningful way, it impacts our ability to present excellence to the community. The weekend after the donation, we had the piano on the stage – played by a world class jazz artist and, boy, did it sound great! It was marvelous that Dick was in the audience to see his donation in action. I know he was very proud," said artistic director Robert Cacioppo.☆

theatre's inaugural season.

Symphony Future Programming And Maestro

he Southwest Florida Symphony Maestro Nir Kabaretti has graciously agreed to return for a proper farewell to his fans and has volunteered to serve as an artistic advisor to the orchestra gratis until a new music director is appointed. Maestro Kabaretti's farewall performances are currently scheduled as a pops concert on April 24, 2021 and a Masterworks concert on May 1, 2021. Additional details about each event will be forthcoming as plans are finalized. Kabaretti will also continue to assist with future programming and guest artist engagement until a new music director is appointed.

The Southwest Florida Symphony's Executive Director Amy Ginsburg stated, "the pandemic delayed our season, but it is most definitely not over. We look forward to coming together safely and bringing you the quality music and entertainment you have come to expect from us. As we navigate the COVID-19 pandemic, we are coordinating smaller programs that allow for social distancing, and have every intention of returning to Barbara B. Mann Hall in the spring."

In other news, Reiko Niiya, the



Nir Kabaretti

photo provided

Southwest Florida Symphony's concertmaster, has elected to resign from her position. The symphony accepted Niiya's resignation effective immediately, understanding that in every employment relationship, there comes a time to move forward. Southwest Florida Symphony Board Chairman Tom Uhler and Ginsburg advise that efforts to identify the next concertmaster will commence immediately following the appointment of a new music director. 以

Candidates Sought For Public Affairs Award

submitted by Sue Denham

he Zonta Club of Sanibel-Captiva is looking for outstanding young women in the Lee County School District as candidates for the Young Women in Public Affairs (YWPA)

The year 2020 is one we are all unlikely to forget. At the beginning of the year, women of Zonta International were preparing to celebrate their 100th anniversary and the passage of laws that enabled women to vote. Despite the coronavirus, the Sanibel-Captiva club will draw attention to its mission of supporting the efforts of women around the globe and locally through its annual

Women have been struggling to maintain their families, their education and jobs. Young women have found ways to be leaders in their communities, but because schools have been closed and normal channels of participation have been difficult, little of their work has become known. That is why this is an especially good year to identify young women who are participating in efforts to increase women's political participation and gender parity here and abroad, despite the barriers.

The YWPA award recognizes young women, ages 16 to 19, as of April 1, 2021, who demonstrate superior leadership skills and a commitment

to public service and civic causes. Public affairs refers to all aspects of community life where decisions must be made about issues that relate to and affect those communities in which people work and live. This award also encourages young women to continue their participation in public and political life as they journey into higher education and work life.

The award offers a \$1,500 scholarship to the successful candidate. The winner's application will also be passed forward to compete at Zonta's regional and district levels for possible additional honors and awards.

The winner is likely to be a successful Lee County high school student who demonstrates the following

Active commitment to volunteerism; Experience in local government, student government or workplace leadership;

Volunteer leadership achievements. The formal application can be printed from www.zonta.org (scroll down to Useful Links and click on YWPA Award). Mail the completed application no later than February 22, 2021, to: Zonta Club of Sanibel-Captiva, P.O. Box 1244, Sanibel, FL

The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to empower women and girls on the islands, in Lee County and around the world through Zonta International. For more information or to make a

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Sue Schaffel is Ravonka

Lab Theater **Presents Reality** Show Localized

he Laboratory Theater of Florida will present an audio-visual hybrid film and stage production of The Realish Housewives of Fort Myers by Tim Sniffen and Kate James. Three virtual performances will be available: Sunday, November 15 at 2 p.m.; Friday, November 20 at 8 p.m.; and Saturday, November 28 at 8 p.m.

Co-created by renowned comedian Tim Sniffen, with Second City alum Kate James, the ridiculously entitled

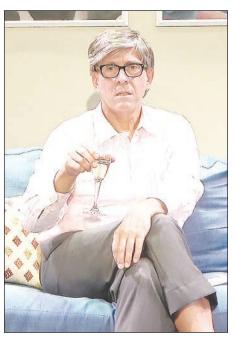


Danielle Channell is Desiree, a neck model

local housewives will have you rolling in the aisles with their antics. This show dishes all the dirt on Fort Myers in true reality TV style.

Directed by Cantrella Canady, this show features Danielle Channell, Lucy Sundby, Rob Green, Sue Schaffel, Shelley Sanders, Kendra Weaver, Randall Kenneth Jones, Madelaine Weymouth, Nuniez Pilor, Stephen

Hooper and a surprise guest or two. This is a hybrid filmed theatrical production that will include filmed stage elements as well as other elements. It is only viewable online. Your digital



Rob Green plays Randy Bowen, your host for The Realish Housewives of Fort Myers

pass is good for one viewing of that particular evening and must be started and completed within 24 hours.

Digital passes are \$20 and available by calling the box office at 218-0481 or online at www.laboratorytheaterflorida.

This production was filmed under socially safe conditions based on strict adherence to the pandemic protocol. Details on this protocol are available on Lab Theater's website. For technical issues with your digital pass, call the box office at 218-0481. \\

Holiday Fun At Festival Of Trees In December

The 14th annual Festival of Trees returns to the Sidney & Berne Davis Art Center (SBDAC) from December 3 through 6. Trees will be decorated and presents provided by local businesses to raise money for Goodwill Industries of

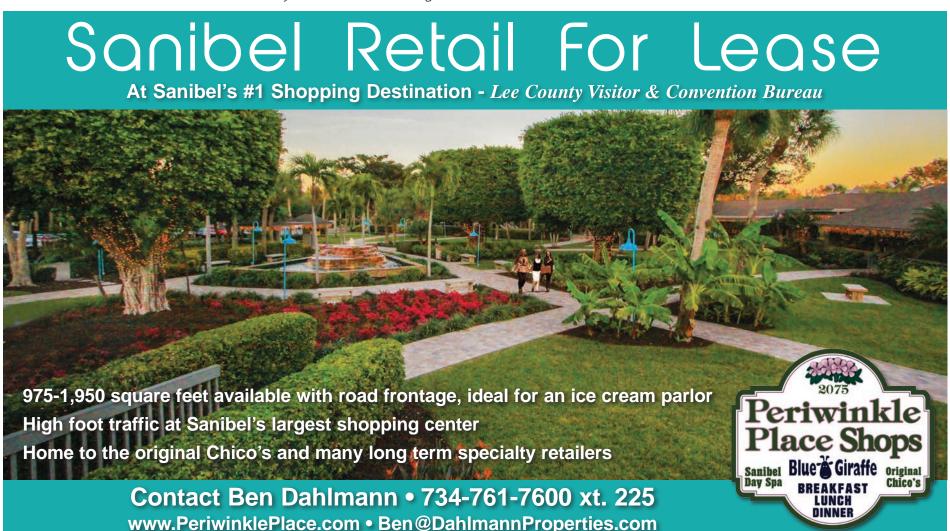
Southwest Florida and SBDAC.
Admission is \$2 for Festival of Trees

Viewing (age 5 and younger free.)
The trees will be raffled, and each raffle winner will be notified to receive the decorated tree and all gifts beneath. This includes delivery and set up in home or office. Raffle tickets are \$10 each or 3 for \$25. The value of each tree is over

Take part in the fun with the whole family at Santa's Block Party. Santa's Workshop is an opportunity for kids to create holiday art, color Christmas and holiday cards, decorate cookies from Publix Super Market and build a wooden craft too. Kids will also get to write letters to Santa and military service members. Santa's Block Party/ workshop \$6. On Friday and Saturday nights, there

will be free outdoor concerts with the Nowhere Band and the Danny Sinoff Trio.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For the full schedule, visit www.sbdac.com/festival-oftrees/ or call 333-1933.☆



Fort Myers Art:

Florida Rep To Begin Outdoor Performances



by Tom Hall

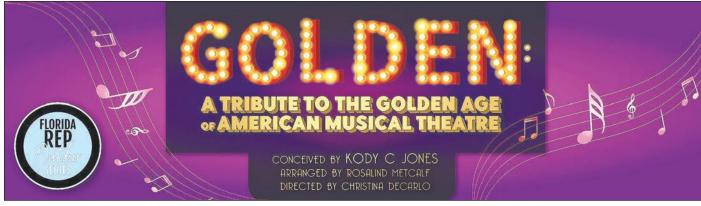
Repertory
Theatre has
a new outdoor
venue and its
first show will be
Golden: A Tribute
to the Golden
Age of American
Musical Theatre.
Performances will

take place Wednesday through Sunday, November 18 to 22 and Tuesday and Wednesday, November 24 and 25 beginning at 7 p.m.

The venue is situated on Edwards and Jackson streets on the lawn on the northeast side of the Hall of Fifty States. Seating is socially distanced, and patrons will sit in clearly marked 12-foot by 12-foot squares facing the beautiful Caloosahatchee. Florida Rep will provide seating, but encourages audiences to bring their own lawn chairs and blankets for the most comfort.

Seating squares are six feet apart from one another and accommodate up to four people. The price per square ranges from \$60 to \$120 depending on its distance from the stage.

Tickets and information are available at www.floridarep.org or by calling the



Florida Rep box office at 332-4488.

Golden: A Tribute to the Golden Age of American Musical Theatre stars the 2020-21 Professional Acting Intern Company, which consists of Patrick Agonito, Nayda Mayez, Emily Foley, Sarah Joyce, Matt Kelley and Micah Weese. Assistant Education Director Christina DeCarlo directs the production and leads an expert creative team that includes Musical Director Rosalind Metcalf, Choreographer Erica Sample, Stage Manager Zeke Bocklage, Rehearsal Stage Manager Susan Dohan and Sound Designer Katie Lowe.

Designer Katie Lowe.
Florida Repertory Theatre produced the revue in partnership with its education department. Conceived by Florida Rep's Education Director Kody C. Jones, the revue also features arrangements by Rosalind Metcalf.

"We are so excited to welcome our audiences back to Florida Rep – but at a safe and healthy distance," said Artistic

Director Greg Longenhagen. "This limited engagement, in partnership with our education department, is a love letter to the magic of theater, and being able to watch it under the stars, a stone's throw from the river, really will be a treat. That being said, our patrons' health and well-being is of the utmost importance, and so we're proceeding with a great deal of caution. The venue is totally outdoors, masks are required, social distancing will be enforced, and hand-sanitizing stations placed throughout, among other protocols."

The theater will provide a mask to anyone who does not bring their own. To maintain health and safety protocols, Florida Rep will not serve concessions at this time, so audiences should plan on providing their own refreshments if they wish. Outdoor restroom facilities will be available as well as the restrooms inside the theater lobby. However, any patron wishing to enter the Arcade Theatre Lobby must have their temperature checked before entry can be granted. For more information on Florida Rep's safety precautions, visit www.floridarep.org.

Florida Rep's outdoor performances under the stars on the banks of the Caloosahatchee resurrect a tradition that began in 1913 with the construction of a recreation wharf at the foot of Fowler Street. The 450-foot pier ended in a

image courtesy www.artswfl.com

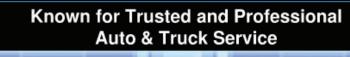
handsome pavilion whose tongue-ingroove wooden floor was the site of waltzes, foxtrots and the Banana Peel Glide and Grape Juice Wallow, along with sunset concerts. In fact, the pier's inaugural dance was such a hit that for most of the evening, it was standing room only, "which goes to prove," the *Press* waxed philosophic, "that this will be one of the most popular places in the city" and a favored "place for the young people to congregate on beautiful moonlit evenings."

Seating is limited and tickets must be purchased in advance, either online at www.FloridaRep.org or by calling 332-4488. Parking is free in the theater's lot on Bay Street between Jackson and Hendry.

For patrons who are still not comfortable venturing out, there are virtual and streaming options planned throughout the season.

Follow Florida Rep on Facebook, Instagram, Twitter and YouTube for the most up to date information about programming and how to support Florida Rep during this difficult time.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.*





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From page 1

Green School

The center works to improve the health and wellbeing of communities and the planet through environmental know-how, access to outdoor learning and expanding the conversation for policymaking. Among its programs is a yearlong water-focused training for Lee County kindergarten through 12th grade teachers and an eight-week watershed afterschool program for primary, middle and high school students.

The center also gives FGCU students and faculty members the opportunity to apply for Student Associates for a Greener Environment (SAGE) mini-grants. The money is used to create innovative educational research projects. Those projects must promote ecological literacy, encourage civic engagement and further scholarly activity, teaching and service related to environmental issues.

There is a student club called Recycling 2.0 dedicated to improving recycling on campus. FGCU's student government has a sustainability director. Plus, numerous service-learning opportunities for students have sustainability components. Among

these is the opportunity to work in the campus' Food Forest, which is a student-run botanical garden with tropical and subtropical edible species that grow well in Southwest Florida. The Food Forest is designed to enhance awareness of sustainable food production and whole food nutrition.

With 400 acres of protected nature and many LEED-certified buildings, FGCU is a living environmental lab with sustainability at its core. LEED, or Leadership in Energy & Environmental Design, is a "green" building certification program that recognizes best-in-class building strategies and practices. Beyond the numerous structures on campus with LEED distinction, FGCU has committed to achieving a silver certification or higher on all new constructions.

FGCU has an on-campus 15-acre solar photovoltaic array that produces approximately 85 percent of the energy needed to operate Holmes, Lutgert and Seidler halls.

For more information about *The Princeton Review Guide to Green Colleges: 2021 Edition*, the top 50 list, or the way rankings are determined, visit www.princetonreview.com.



Campers will check out the wonders of the Living Lab

photo provided

Thanksgiving Break Camps At IMAG Center

The IMAG History & Science Center will host day camps for students over the Thanksgiving school break. Camp IMAG is offering two camps designed for kindergarten through second grade students and from third to fifth grade students on Monday, November 23 to Wednesday, November 25.

For kindergarten through second grade students, Camp IMAG is offering Scales and Tales Camp where campers will learn about animals through stories, hands-on activities and special Meet-the-Keeper sessions with some of the animal ambassadors at IMAG. When spending time with Percy, the African spurred

tortoise also called a sulcata tortoise, campers will learn about this reptile species and others. They will also learn about chameleons and visit Karen, the resident chameleon, and learn about stingrays and feed them in the SEA-to-SEE Touch Tank.

For third through fifth grade students, Camp IMAG is offering Junior Keepers Camp where campers will learn about many of the animal ambassadors at the IMAG and how to care for them. Campers will attend Meet-the-Keeper sessions, help prepare food for our reptiles, amphibians and fish as well as learn about and spend time with the bearded dragons and ball pythons.

Inspiring the imagination and encouraging an overall love for learning, Camp IMAG is stimulating and fun, exciting and educational for your child. For more information and to register for camp, visit www.theimag.org.

Scholarship Application Process To Begin

The Southwest Florida Community Foundation's scholarship application process for the 2020-21 school year will begin on November 9. All scholarships require the Free Application for Federal Student Aid (FAFSA) form available at ways fafsa gov.

available at www.fafsa.gov.
Approximately \$800,000 in scholarship money is available through more than 100 scholarships for local high-school students, adult learners, undergraduate and graduate students from Charlotte, Collier, Glades, Hendry and Lee counties. Last year, one in four students who applied received a scholarship from the foundation.

Beginning November 9, students can apply for scholarships through the foundation's online portal at www. floridacommunity.com/scholarships. The scholarship application process will close January 11, 2021. Students may review the scholarships available online as well as a tutorial about how to create and submit the online application. Students may apply for multiple scholarships and have the ability to upload transcripts, a letter of

recommendation and the FAFSA Student Aid Report.

Online scholarship applications must be submitted by January 11, 2021. Educators, mentors, parents and students can find resources to complete the FAFSA through the local FAFSA first website recently launched by the FutureMakers Coalition at www.fafsafirst.org. The goal of the FutureMakers Coalition is to transform the workforce by increasing the number of Southwest Florida residents with degrees, certificates and other high-quality credentials by the year 2025.

"We have scholarships specifically for adult learners, stop-out students and single mothers, many who left school just a few credits short of earning a degree," said Malaina Mote, head of empowerment and social mobility for the Southwest Florida Community Foundation. "Many of these scholarships go unawarded each year because noone applies for them. We want to encourage everyone to apply. No matter your status, we have a scholarship for you."

If interested in learning more about how to contribute to the Southwest Florida Community Foundation's scholarship funding opportunities, visit http://bit.ly/SWFLscholarships, email scholarships@floridacommunity.com or call 308-1214.*



Rock Symphony Features Iconic Emmy Winner

ulf Coast Symphony and Barbara B. Mann Performing Arts Hall at FSW will continue Socially Distanced Saturdays with Rock Symphonies, as The Mark Wood Experience will perform at the arts hall on Saturday, November 21 at 7 p.m.

Wood, a recording artist, performer, producer, inventor, Emmy award-winning composer and music education advocate, has spent the past four decades in the orchestra industry. Dubbed "The Eddie Van Halen and Jimi Hendrix of The Violin World" by *PBS*, Wood is the premier electric violinist of his generation who pioneered the entire genre.

Wood is a world-renowned performer who rose to fame as string master and original member of the internationally acclaimed Trans Siberian Orchestra, selling over 10 million records. A successful solo artist in his own right, Wood writes and records original music for film and television, has released seven solo albums and tours with his band The Mark Wood Experience (MWE) which features his partner and wife, vocalist Laura Kaye. His commission credits include The Juilliard School and extensive TV broadcast music including The Winter Olympics and The Tour de France (for which he



Mark Wood

won an Emmy). He also is featured on his own TED talk. His YouTube channel (markwoodtv) has over four million views.

In addition to his continued solo and commission work, Wood has collaborated with and appeared alongside some of the biggest names in music such as Celine Dion, Billy Joel, Paul McCartney, Steven Tyler, Roger Daltry, Lenny Kravitz and Dee Snider. He also starred in a Kanye West produced national Pepsi TV commercial and has appeared on the world's most

photo provided

venerable stages including Carnegie Hall, Lincoln Center and Madison Square Garden.

The Juilliard-trained violist (he attended on full scholarship and is now a 2020 mentor at Juilliard) first turned the string establishment on its head in the early 1970s with his invention of the first solid body electric violin. His company Wood Violins is the premier manufacturer of electric violins, violas and cellos worldwide, and he holds the patent for the first-ever,

self-supporting violin.

But Wood's true passion is music education, and his program Electrify Your Symphony (EYS) is celebrating its 20th anniversary in 2020. EYS is an immersive rock and roll workshop and concert series for school music departments that boosts student self-esteem and helps raise muchneeded funds. Mark and his team of artist mentors visit upwards of 75 schools per year. EYS has been featured on NBC-TV's The Today Show, CBS Evening News, CBS Morning News, and regional media outlets.

In addition to EYS, Wood and his family run the annual Mark Wood Rock Orchestra Camp and Festival, now in its 11th year, as well as The Mark Wood Music Foundation, a 501(c)(3) charitable organization dedicated to supporting music and the arts in America's underserved communities.

With hundreds of thousands of students reached, millions of dollars raised to help high school music departments across the US, and countless school orchestra programs saved from the chopping block because of funds raised through his efforts, Wood has proven himself a man of ideas, action and results.

Barbara B. Mann Performing Arts
Hall is located at 13350 FSW Parkway in
Fort Myers. Tickets are available at www.
gulfcoastsymphony.org or 481-4849. All
Socially Distanced Saturdays shows are
limited to less than 500 tickets per event,
with social distancing between all seats.



Rachel Kohler and Tanae Carter lead a group of students as they navigate blindly along a sidewalk photos provided

Students Learn To Walk Safely When Blinded

n October 15, Lighthouse of SWFL partnered with FGCU Occupational Therapy Program for White Cane Safety Day to bring awareness to the importance of the white cane as a symbol of independence and self-reliance of individuals living with blindness and vision impairment.

Lighthouse of SWFL team collaborated with FGCU's occupational therapy program to give the students an instructional experience in recognition of White Cane Safety Day. Mike Brust, certified orientation and mobility specialist, led the students through a hands-on learning activity including a blind-folded stroll across campus ending at the intersection near the Cohen Center at FGCU Boulevard. Students were verbally guided to safely cross the intersection using the white cane and auditory signal at the intersection. The morning concluded with instruction on how to use a white cane to safely climb and descend stairs.

White Cane Safety Day is celebrated on this date around the world. In the United States, it is a national observance, that was first celebrated in 1964, after the proclamation by President Lyndon B Johnson. White Cane Safety Day



From left, Shane Wright gets help from Charles McMillan

celebrates the achievements of blind or visually impaired people. A white cane is an important mobility tool for such people as well as the symbol of their independence. Canes have been used by blind people for centuries, but the white cane was introduced in the early 20th century. Canes were painted white to be more easily visible.

For blind people, the white cane is an essential tool that gives them the ability to achieve a full and independent life. Instructors certified in orientation and mobility offer training for the blind to safely navigate their community. The orientation and mobility specialist assists the person to get from point A to point B successfully – whether it's at work, at school, or around the community.

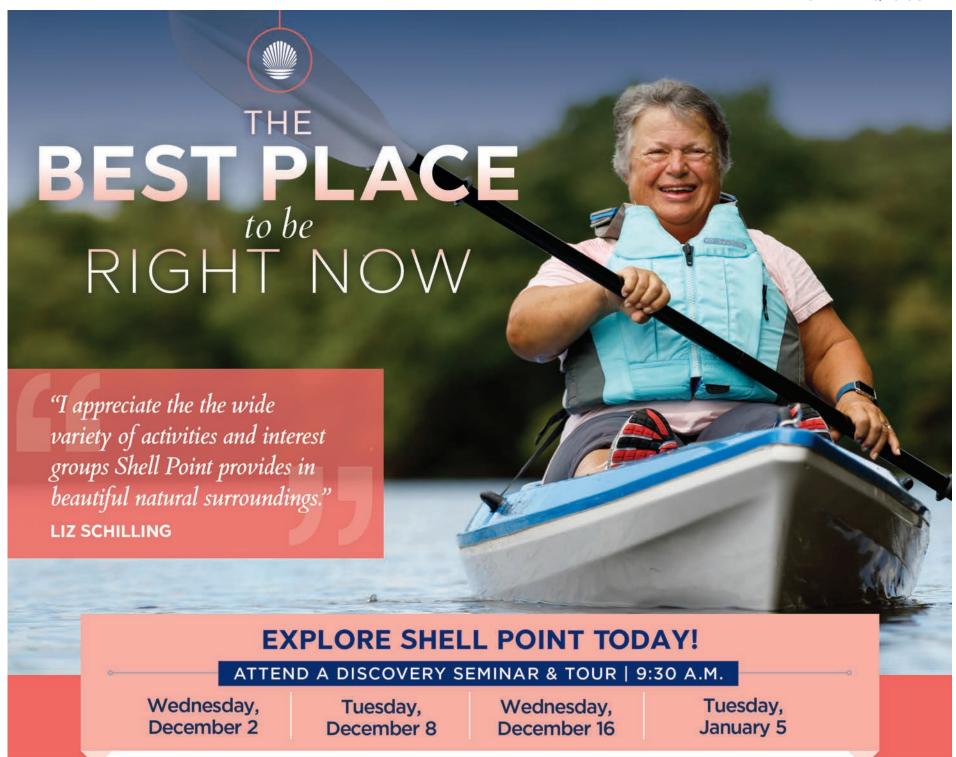
Virtual 5K To Bring Awareness To Children's Grief

Valerie's House, a nonprofit organization in Southwest Florida with the sole focus of helping children grieve, and the Franz Ross YMCA, a nonprofit that strengthens our community with programs that teach, connect and encourage, invite the public to honor Children's Grief Awareness month by participating in the Virtual Hero 5K from November 19 to 26.

Participants can run or walk whenever and wherever they choose. In a community-wide initiative to recognize grieving children, registration fees will be donated to help kids who are grieving the death of a family member receive mentoring, support and counseling at Valerie's House. Proceeds will also be put towards funding scholarships for youth programs at the Y in Port Charlotte.

"A lot of the families at Valerie's House have been anticipating this special event to honor their loved one," said Valerie's House Founder & CEO Angela Melvin. "We are hoping the entire community will join them and walk to lift up those who are walking life with grief."

To register, visit www.valerieshouse. org/5k2020-event. Everyone is welcomed to participate by sharing on social media using the hashtags #VhrunsforChildrensGrief #ChildrenGrieve #VHYMCANational ChildrensGriefAwareness5K #VirtualHero5Kfor ChildrensGrief and sharing photos of themselves with the event's free printable to honor a loved one who has died.



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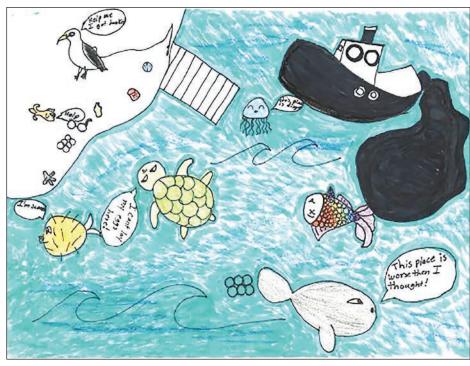


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Shell Point is located on the Caloosahatchee River in Fort Myers, just 2 miles from the islands of Sanibel and Captiva.

Shell Point is a nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc.



Eden Fautz took first place at The Sanibel School with this cartoon

image provided

Winners Of Conservation Cartoon Contest

To honor its legacy of cartooning, the JN "Ding" Darling National Wildlife Refuge each year holds a conservation cartoon contest at three local elementary schools. The students learn about Jay Norwood "Ding"

Darling, who won two Pulitzer Prizes for his editorial cartoons in the early 20th century. Refuge staff then asks the students to draw editorial cartoons illustrating a conservation/environmental issue that's important to them.

This year, students from Patriot Elementary (Cape Coral), Pine Island Elementary (Bokeelia) and The Sanibel School participated. "All the students who entered the contest should be very proud of their work," said "Ding" Darling Environmental Education Intern Patrick Carney, who organized the 2020 contest. "It is wonderful to see their compassion for conservation and environmental issues.

Refuge staff picked these winners from the three schools:

Patriot Elementary First: Samuel Rodriguez Second: Valentina Sosa Third: Victoria Alvarez Pine Island Elementary First: Sanibelle Franke Second: Jaime Huerta Third: Serenity Davis The Sanibel School First: Eden Fautz Second: Sarah Rosinus Third: Yuan Bonhayag.

First-Time Drivers To Compete For Scholarships

or most teenagers, earning a learner's permit and getting behind the wheel for the first time is a momentous occasion. The Lee County Tax Collector is making that milestone even more exciting in 2021. The Rock the Road Challenge will give away \$2,500 in total college scholarship prizes to four safe and skilled high school-age first-time drivers. Lee County teens with their Florida learner's license can apply for the contest on the tax collector's website now through December 15.

As part of the 2021 Rock the Road Challenge, a select number of high school-age students throughout Lee County will participate in a driving skills challenge on a closed course. Two winners will receive a \$1,000 scholarship, and two runners-up will each receive a \$250 scholarship.

'We're excited to be a part of two milestones for local teenagers, getting a driver license and a college education," says Noelle Branning, Lee County tax collector-elect.

To qualify, entrants must be Lee County residents at least age 15 by December 31 and must have their Florida learner's license by that date. Drivers who will have obtained their Florida driver license by April 30, 2021 are not eligible to enter. Entrants must also have the consent of their parent or legal guardian, and a parent or guardian must be able to participate in the skills challenge with their teen and vehicle.

The driving skills will be filmed, timed and posted to the Lee County Tax Collector's Instagram page for voting by the community. Tax Collector road course instructors will also score the videos. High scoring drivers will move onto the next round.

The Rock the Road \$1,000 first prize scholarships are presented by Dawn and Mike Sullivan at Sullivan State Farm Insurance Agency. Brian Rist at Storm Smart is the sponsor of the contest's \$250 runner-up scholarships.

To register yourself or to register your student driver and for more information, visit www.leetc.com/lctcrocktheroad.☆

Churches/Temples ALL FAITHS UNITARIAN CONGREGATION

Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc. org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m., www.annunciation. fl.goarch.org, 8210 Cypress Lake Drive,

BETH YESHUA MESSIANIC SYNAGOGUE Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, www. simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835

CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m., www.revtedalthouse@aol. com 10200 Cypress Cove Circle, 850-3943. CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 10 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN Sunday 10 a.m. 2439 McGregor Boulevard,

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 - Easter; 9 a.m. after Easter - Dec 31. www. crownoflifelutheran.com. 5820 Daniels Pkwy,

REDEEMER CHURCH

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m., 15690

McGregor Boulevard, 482-2030. FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christianscience

fortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.
FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m., 13545

American Colony Boulevard, 936-2511. FORT MYERS CHRISTIAN CHURCH Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL **UNITED CHURCH OF CHRIST:**

Sunday 10 a.m., 8210 College Parkway, 482-3133. FIRST PRESBYTERIAN CHURCH OF

FORT MYERS 11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261 IONA-HOPE EPISCOPAL

CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143

LAMB OF GOD

Sunday 7:45 and 10 a.m., www. lambofgod church.net, 19691 Cypress View Drive,

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m., www.newhope fortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunity church.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers. com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEĔMER LUTHÉRAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch Road 495-0400

SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFort Myers.org, 567-9739.

SÁINT CÓLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m., 3049 McGregor Boulevard,

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m., www.saintnicholasmonast ery.org, 111 Evergreen Road, 997-2847.
ST. VINCENT DE PAUL CATHOLIC Tuesday through Friday 9 a.m.; Saturday 4

p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818. SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Religious School Wednesday 5:30 p.m.

and Sunday 9:30 a.m., www.templebethel. com, 16225 Winkler Road, 433-0018. TEMPLE JUDEA (CONSÉRVATIVE) Friday 6:30 p.m. and Saturday 9 a.m., www.

tjswfl.org, 14486 A&W Bulb Road, 433-0201. THE FAITH CENTER Sunday 9 and 10:30 a.m., Thursday 7:15

p.m., 17650 South Tamiami Trail, Suite 212,

THOMAS A. EDISON CONGREGATIONAL Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m., www.zionfm. org, 7401 Winkler Road, 481-4040. Email changes to press@islandsunnews.

CROW Case Of The Week:

Black Vulture



by Bob Petcher

he black vulture (Coragyps atratus) is a large raptor with a small, featherless head and a strongly hooked bill. It is mostly black with some white on its wingtips.

You can differentiate the black vulture from its flight buddy, the turkey vulture, which has a red head and feathers with a browner tint. Both can be found on the sides of highways or major roads pecking away at road kill

Át CROW, a juvenile black vulture was admitted from Cayo Costa after it was seen on the beach wet and unable to fly. Upon examination, small abrasions were found on the vulture's head and blood was noted to be seen on the eye. X-rays were taken, which revealed to the veterinarians there were nine shotgun pellets in the bird's head, neck and left wing, indicating that the bird had been shot. Thankfully, there were no broken bones. Some of the pellets that were close to the surface were able to be removed from the patient's wing.

Both pellets over the left wing were very superficial and were removed. There was also a pellet below the chin that was removed. We were unable to palpate the



Patient #20-4949 is closer to release after receiving treatment for shotgun pellet wounds photo by Missy Fox

remaining pellets, so they were left in," said Dr. Sasha Troiano, CROW veterinary intern. "We were unable to palpate the pellets over the head, which is why they were not removed. The risk of digging around looking for them was higher than just leaving them in. If they had been more superficial and easily palpable, they also would have been removed.

Dr. Troiano stated the pellets in the patient's head will not affect its mobility. "The remaining pellets should not affect the bird's ability to do well moving forward. There is always a small chance the pellets will migrate and could potentially cause damage, depending on where they end up migrating. But again, the chance is fairly low. Most likely, they will stay where they are and become walled off by the body and will not cause further damage.

The vulture received pain and antiinflammatory medication and continues to receive supportive care.

"Currently, the patient is receiving basic supportive care - pain medication, antibiotics, hydration and food. If recent bloodwork looks good, the pain meds and antibiotics will be discontinued, and the patient will be moved outside for further rehabilitation," said Dr. Troiano. "The fact that the patient is a juvenile probably helps in this case. The patient has a mild left head tilt, and also has damage to the inside of the left eye. Vision is decreased in the left eye. The fact that the patient is a juvenile will likely make it easier to adapt to these changes. Given the life history strategies of this species, the patient does not need perfect vision, therefore the damage to the left eye is not a cause for euthanasia.

Once Tropical Storm Eta passes and pending bloodwork results are positive, the young black vulture will get exercise and should be closer to release.

The patient is doing extremely well, and should make it to release barring any unforeseen complications," Dr. Troiano continued. "If the patient flies well and continues to eat, release will be coordinated. It is important that this bird be released exactly where it was found in order to reunite with its family, which is important for its survival in the wild."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.\\\\

County Approves Shared-Use Path, Sidewalk Projects

The Lee Board of County Commissioners recently approved three projects involving sidewalk or shared-use path improvements as well as related utility or drainage work. The projects illustrate county commissioners' commitment to pedestrian access and safety

Projects approved Tuesday include: An asphalt shared-use path, a reinforced concrete bridge, guardrail, drainage structures and sod improvements along the east side of Stringfellow Road from Eighth Avenue to York Road on Pine Island. The contract with Cougar Contracting, LLC, is for \$1,050,000. Total cost, including design, construction management and construction, is \$1,334,742. Construction is expected to begin in November.

Sidewalk installation and utility improvements along the north side of Hancock Bridge Parkway between NE 16th Place and SE 24th Avenue. The contract is with Andrew Site Work LLC for \$1,891,504. The project includes utility coordination with the City of Cape Coral. The city's contribution to this project is \$842,034. Total cost, including design and construction, is \$2,190,815. Construction is expected to begin in January 2021.

The removal of existing utilities and replacement with a new force main on the north side of Hancock Bridge Parkway and construction of a five-foot wide sidewalk with drainage improvements from Moody Road to U.S. 41. The contract with Wright Construction Group, Inc. is in the amount of \$1,593,426. Total cost, including design and construction, is \$1,804,201. Construction is expected to begin in January 2021.

The Bicycle/Pedestrian Advisory Committee ranked each of the projects as a priority. For more information, visit www.leegov.com/dot.☆

Dean Park Holiday Stroll

ean Park, one of the oldest neighborhoods in Fort Myers, is celebrating its centennial this year with a 100th anniversary Holiday Stroll, from Saturday, December 5 through Christmas day, Friday, December 25. Visitors are invited between 9 a.m. and 9 p.m. daily.

The free, outside event is a self-guided walking tour, featuring a map of its 50 historic homes, with a photo and historic facts about each home. The map will be available at the Dean Park Triangle, a small park at the intersection of Cranford Avenue and Providence Street. The map also can also be downloaded by clicking 'Map' at www.deanpark.org.



Challenging Weather



by Capt. Matt Mitchell

Teather continues to play the leading roll yet again in not just fishing but any kind of boating. Fishing during the seemingly never-ending windy days is all about hiding from the elements. With very few other boats out on the water during these less than perfect days, I often had what felt like the whole bay to myself. Options quickly narrow though as 20 ro 30 m.p.h. winds made open waters extremely sloppy at times.

Even though post cold front conditions made

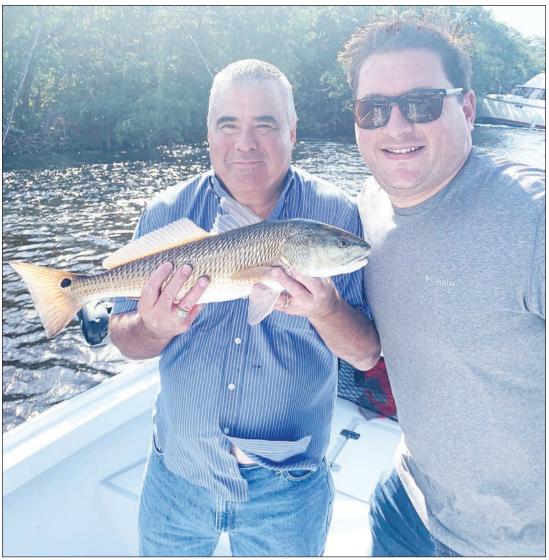
for some bumpy rides, we had successful trips once we got tucked away. The mouth of the river proved to be a great option during the roughest periods with the best bite coming on higher water. During lower water, I spent time in the usually busy Blind Pass. Mangrove creeks around St. James City during the strong incoming tide also held a great mixed bag of species.

Despite the brown stained water in the river, the snook bite in Shell Creek, Sword Point and Punta Blanco was very consistent. On windy days, these areas are not only a short boat ride but totally out of the elements. Most of these creek systems offer deep natural channels with an oyster bottom. The fast-moving tide snakes through these creeks and offers endless ambush spots to target snook and big jacks.

Low outgoing tides in the pass made for an amazing snook bite. The strong northeasterly winds gave us some of the lowest tides we have seen since last winter and stacked up the fish. Though most of these snook were not large, when you can catch a snook cast after cast it's always a good thing. Along with snook, my anglers caught a few larger redfish, small gag grouper, jacks and snapper.

When you make your living on the water, fishing in far-from-perfect conditions is part of the job. Having some neighborhood confidence spots that are protected from the weather can make even the windiest day a success. To keep everyone comfortable, try to avoid long runs and stay out of the rough open water as much as possible. Though the wind takes away options, it certainly does not stop the fish from feeding.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆



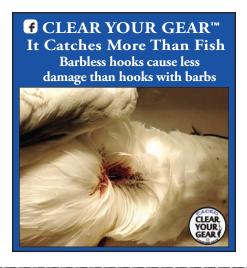
Vinnie and RJ caught a Pine Island slam while out with Capt. Matt Mitchell this week

photo provided



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Spikes of flowers bloom all year long **Plant Smart**

Trailing Indigo

by Gerri Reaves

railing indigo (Indigofera spicata) is a mat-forming member of the pea family native to Africa and tropical Asia. It has become a naturalized weed in Florida, meaning that it self-propagates without

It is very difficult to eradicate because of an ability to easily spread by seed and a long taproot that can be up to two feet deep.

photos by Gerri Reaves

It grows along roadsides and in pastures, fields and lawns throughout the state except the Panhandle.

It was imported into the state in the 1920s as food for grazing livestock, but was discovered to contain two toxic chemicals.

In fact, horses have died from ingesting it, and donkeys are susceptible as well. It can also cause abortion in livestock.

Even dog food made with horsemeat from animals that have eaten the plant can cause liver damage to dogs.

However, the plant has proved useful in erosion control.

The alternate leaves have five to



Trailing indigo is a non-native mat-forming member of the pea family that is naturalized in Florida and toxic to grazing livestock

seven oval leaflets, each of which is less than an inch long and about a half-inch wide. The green or bronze stems are branched and prostrate, reaching up to six feet long.

The term spica refers to the spikes of coral or pinkish flowers that bloom from the bottom up. Each flower in the tightly packed slender cluster is about one-eighth of an inch wide.

The spikes appear at the end of the stalk and measure up to an inch and a half long.

Flowers bloom year-round. White flowers also exist, but rarely.

The fruit, or pods, are four-sided,

hairy and less than an inch long. They hang downward-pointing, ripening to brown and then splitting open to reveal four to eight seeds.

One positive characteristic of this toxic potentially invasive weed? It is a host for the caterpillar of the ceraunus blue butterfly.

Sources: Everglades Wildflowers by Roger L. Hammer, The Guide to Wildflowers by Walter Kingsley Taylor, Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, www.edis.ifas. ufl.edu, and www.plantbook.org.

Plant Smart explores the diverse flora of South Florida.☆

Watch Out For Manatees On The Move

ovember is Manatee Awareness Month and the Florida Fish and Wildlife Conservation Commission (FWC) is reminding the public that these large marine mammals are on the move. As temperatures drop, many of the state's more than 8,000 manatees will be on the move, migrating to warmer waters for the winter. During this time, it is especially important for the public to be alert and look out for manatees while enjoying time on the water.

Injuries to manatees from boat strikes are more common this time of year, as migrating manatees venture into areas frequented by boats. Boaters can make a big difference by following guidelines and obeying manatee protection zones, which go into effect in the fall, depending on the county. The zones are marked by waterway signs, and maps of manatee protection zones are available online at www.myfwc.com/manatee by clicking on "Data and Maps."

Natural warm-water habitats, such as Florida's springs, are critical to the survival of manatees during the winter because they can't tolerate water temperatures lower than 68 degrees. Disturbing manatees at warm-water sites may cause them to leave those areas where they are safe and could put them

"This is a very important time of year for manatees and we need the public's help to make sure they get to their warm-water habitats safely and are not disturbed during the colder winter months" said Michelle Pasawicz, manatee management program lead with the FWC. "By going slow while

on the water and viewing manatees from a safe and respectful distance, you can help conserve them so future generations are able to enjoy these amazing animals.

Report injured, entangled, orphaned or dead manatees to the FWC's Wildlife Alert Hotline at 888-404-3922, #FWC on your cellphone or text tip@myfwc. com. For more information, visit www. myfwc.com/manatee.☆





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Several of the new residents of The Enclave on the front porch of the community building, from left, John and Barb Findley, Jim and Nancy Walts, Frank and Karen McGlynn, Marcia and Richard Fenn, Beth and Bob Bauer, and Lyn Reeves

photos provided

Residents Settle In To New Shell Point Neighborhood

The first phase of construction on The Enclave, Shell Point Retirement Community's newest neighborhood, is complete with several residents having already moved into the community.

Located on 19.59 acres along On Par Boulevard, The Enclave features nine single-family homes and 26 villas as well as a 1,600-square-foot community center. Construction is complete on 22 of the single-family homes and villas, and construction continues on the remaining homes. The single-family homes range from 2,316 to 2,744 square feet, plus lanai, with either a three-bedroom, two-bathroom floorplan or a three-bedroom, three-bathroom, plus den. The villas range from 1,632 to 2,001 square feet, plus lanai, with either a two-bedroom, two-bathroom floorplan or a two-bedroom, two-bathroom floorplan or a two-bedroom, two-bathroom, plus den.

Designed by RDG Planning & Design, the private, gated neighborhood is surrounded by the natural beauty of a nearby golf course and offers scenic lake views. Shell Point Retirement Community engaged RDG to design The Enclave's residential layout and dedicated community center, where residents have easy access to high-end amenities that

encourage a healthy, active lifestyle.

The architectural design for the community center incorporates views of the nearby lake as well as a swimming pool, outdoor shower, deck seating under a large shade structure and accessible restrooms. Mirroring the vintage style of the surrounding neighborhood, RDG's design creates a charming, familiar aesthetic reflective of the community's location in Southwest Florida.

The interiors of the community center were created by Meghan Kolund, design director at Wegman Design Group in Naples.

"The interior of the community building features a great room concept with a refined contemporary design that features a wood-trimmed coffered ceiling, modern linear chandeliers, dark wood furnishings, a large screen TV, and a streamlined kitchen with dark grey wood cabinetry, Cambria quartz countertops and stainless steel appliances. Set amid these upscale interior finishes, the large gathering room provides space for residents to come together to socialize," Kolund said.

The architectural designs of the homes and villas were created by Annette Nilles, president of Nilles Design Group. The homes feature old-Florida design elements that are enhanced by the native landscaping design created by Stantec Landscape Architecture.

Adam Hinds, vice president of



The pool area at The Enclave's community center features a separate whirlpool and a large swimming pool with designated lap lanes and recreational seating areas



An aerial view shows the progress of The Enclave at Shell Point as new residents begin moving into the first completed homes

operations for Shell Point Retirement Community, said the remaining homes in The Enclave are in various stages of construction, which is progressing on schedule.

"We are excited that new residents have begun moving into the neighborhood, and we look forward to welcoming more in the near future," Hinds said. "As construction continues, two to four homes will be completed each month through January 2021."

The general contractor for The Enclave is Wright Construction Group. Civil engineering services for land development of the community elevations, drainage and roadways were provided by Johnson Engineering.

FAFSA Ready To Fill Out Online

It's time for high school seniors and their parents in Charlotte, Collier, Glades, Hendry and Lee counties to fill out the Free Application for Federal Student Aid (FAFSA) by visiting www. fafsa.gov.

FAFSA is the only way to apply for federal student aid and is the largest provider of student financial aid in the nation. Each year, the federal government provides more than \$150 billion in financial aid (grants, work-study and loans) for college and career school.

To apply for this aid, every high school senior who plans to attend college or career school must complete the FAFSA. State governments and many colleges, career schools and private organizations also use FAFSA information to determine additional financial aid awards.

The FAFSA for 2021-22 school year is available as of October 1. Parents and applicants can use their 2019 Income Tax Return information. You can even use the IRS Data Retrieval Tool to import your tax information directly from the IRS website into your FAFSA to avoid errors.

By filing the FAFSA and using accurate income tax information that is already available, students and parents

will benefit by receiving financial aid award offers from schools sooner and can make informed decisions about college or career school affordability.

"In order to accomplish the goal of transforming Southwest Florida's workforce, FutureMakers Coalition partners are collaborating to improve access to post-secondary education by increasing the number of students filling out the FAFSA," said Tessa LeSage, FutureMakers Coalition director, Southwest Florida Community Foundation, which is serving as the backbone organization for the FutureMakers Coalition. "Research shows FAFSA completion rates correlate with the percentage of workforce who

holds degrees, certificates and highquality credentials."

Visit www.futuremakerscoalition. com/fafsafirst to learn more about how to make the application process as easy as possible and for information and resources about FAFSA. Students and parents can also follow FutureMakers Coalition's FAFSAFirst on Instagram at FAFSAfirst, on Facebook at FAFSAfirst and on Twitter @FAFSAfirst.

The FutureMakers Coalition encourages businesses to join and invest in sustaining this community-changing initiative by visiting www. futuremakerscoalition.com or emailing Tessa LeSage at tlesage@floridacommunity.com.

Health First

Tips For Managing Extreme Stress



by Julie Rosenberg, MD

he current challenges in the United States coronavirus, racial unrest, economic hardship and the presidential election, to name a few - have led to a

significant increase in stress and stressrelated illnesses.

Stress is a state of mental or emotional strain resulting from difficult or demanding circumstances. Stress can serve an important purpose; it helps us to avoid physical threats. When we encounter an extreme stressor and perceive imminent danger, our bodies get ready for physical action - we undergo the "fight-or-flight" response. Our brain sends a signal to our nervous system which leads to the release of stress hormones - adrenaline, noradrenaline and cortisol - leading to a cascade of events that prepare us for action.

While the fight-or-flight response can be very helpful to us when coping with short-term stress, when stress becomes chronic, this response is difficult to disengage and can become problematic.

Over time, extreme and chronic stress can lead to a broad range of health problems including high blood pressure, heart disease, diabetes, obesity, depression, anxiety and insomnia.

People typically like predictability and to feel a sense of control in their lives. The uncertainties of 2020 have led many to experience extreme stress, angst and lack of control. How can we best manage these stressful situations so that they do not lead to health problems?

Here are five useful stress management tips:

Realize that stress is normal and an inevitable part of life - You are not alone with feelings of stress. While people may perceive and experience stress differently, everyone has stress. It's important for each of us to know what stresses us out and to learn how to handle stressful situations.

Reassess your priorities – Each of us must prioritize what's most important to us at this time. Who are the people, places and things that you consider to be most important in your life? Can you determine ways to spend more time focused on priorities? This effort will help you remain positive and resilient during these challenging times.

Set limits on media – We often make things more stressful for ourselves by scrolling through social media or watching television. The constant exposure to "bad news" can be harmful to your wellbeing. Put a limit on how much time you will spend on social media and how much of the news you'll

watch each day. Keep informed but not to the point of overwhelm.

Avoid dwelling on things you can't control - There are many things in life that you have no control over – the past, the future, the weather, traffic, etc. In times of uncertainty, people often imagine the worst-case scenario. Instead of ruminating on bad outcomes, can you shift your energy to that which you can control? In any situation, you can control your effort, your attitude and your behavior.

Take care of your body, mind and spirit - Thirty minutes of daily physical activity will help you manage stress. Eat a healthy diet and get seven to nine hours of sleep per night to support bodily renewal.

Engage in meditation and mindfulness practices – even very short practices are beneficial. Try this for 30 seconds: Sit or stand up straight in a comfortable position. Breathe in, breathe out. Pause. One more time, this time a little slower and deeper: Breathe in, breathe out. Do you feel less stressed?

Nurture your spirit by focusing on things that help you develop a deeper sense of meaning, understanding or connection with the universe. This could include prayer, walking in nature, listening to music or reading a good

In conclusion, we all experience stress. Identify your current sources of stress. Ask yourself, "Am I reacting in proportion to this stress?" Recognize what you can change or control. It may be your attitude, your perspective or your behavior. Accept what you cannot change and take responsibility for what you can. Acceptance has many benefits, including a more positive attitude and less worry and stress.

Julie Řosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www. drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.☆

MOAA Meeting

he Cape Coral Chapter of the Military Officers Association of America (MOAA) will hold a meeting at the Cape Royal Golf Club on Saturday, November 14 at 10 a.m. Rob Hernandez, Cape Coral city manager and a 23-year veteran of the U.S. Army Reserve, will be the featured speaker.

All current, former, and retired military officers and spouses are invited to attend. Cost for the breakfast is \$12, payable at the door (cash only). Reservations are requested by Thursday, November 12, and may be made by contacting Dixie Buick at 945-5050 or via email at calusamoaa@vahoo.com.

The MOAA chapter will hold its 4th annual golf tournament at the Cape Royal Golf Club on March 6, 2021. The proceeds will benefit Lee County ROTC student scholarships

Cape Royal Golf Club is located at 11460 Royal Tee Circle in Cape Coral.☆





The Area Agency on Aging for Southwest Florida team

photo provided

Agency On Aging Has New Headquarters

rea Agency on Aging for Southwest Florida (AAASWFL) recently celebrated the grand opening of its new headquarters in Fort Myers located at 2830 Winkler Avenue. Interim CEO Norma Adorno, the AAASWFL team and board chair Wendy Hayes welcomed the community to its centrally located new space. More than 40 visitors were in attendance at the open house and enjoyed

light refreshments. Safety protocols were followed including temperature checks, hand sanitizing, the wearing of masks, which were also provided, and maintaining social distancing.

Special guest Councilman Kevin Anderson, City of Fort Myers, addressed visitors with a brief speech to inaugurate the opening.

Area Agency on Aging for Southwest Florida is a nonprofit organization that has served Charlotte, Collier, DeSoto, Glades, Hendry, Lee, and Sarasota counties for more than 40 years. For more information, visit www.aaaswfl.org or call the Elder Helpline at 866-413-5337.

Superior Interiors

Accessorizing Your Home



by Trinette Nelson

very room in your home has its staple piece that helps define the space. From the dining room table to the bed, these functional furniture items are the centerpiece of each

room. But it's the accessories that really give a home character. If you're looking for some inspiration to accessorize your own home, here are some tips to help you in incorporating tasteful accents into your living spaces.

When people first begin to accessorize their home, they often choose a theme to inspire the decor. While this can be a good starting point, you don't always need to ensure every accessory is the same color or style. Rather, you should focus on collecting cohesive elements that complement each other by incorporating different colors, contrast and patterns into the space that tell your own unique story.

You may already know that adding mirrors to your space is an easy and affordable way to trick the eye into thinking a room is larger than it really is. Strategically placed mirrors should be accompanied by good lighting to create the maximum space-increasing effect. Specifically, you should hang the accessory across from a light source (like a window or lamp). Don't be afraid to experiment with mirrors of different

shapes, sizes and with various frames to bring some more personality to the room.

When it comes to accessories in your home, you want to have interesting decorative items that show your personality without cluttering up the space. A good rule of thumb is to arrange the decor items in odd numbers (like three or five). This means if you want to add throw pillows, picture frames, or candles to your room, place them in these numbers as it's more visually appealing. Keep in mind their size, shape and scale for how you are going to arrange them. Having your accessories lined up straight can be boring, so give your space some life by layering objects.

A common mistake in design is including decor that is too big or small for the space. For instance, a rug that is too small for the room can look awkward and not serve its functional purpose. Curtains that are too long or too short can also be a distraction, while a couch that is too large leaves little space for other items. Before purchasing or arranging your pieces, measure the space you're trying to fill to choose items that are the correct size.

A finishing touch to any of your main living rooms should be a live plant. Some greenery or florals breathe life into your space and are pleasing to look at. Whether it's an arrangement of succulents on your windowsill or a spider plant on top of your bookshelf, house plants are relatively easy to take care of and add some dimension and natural color to your space.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at trinette@coindecden.com.

Marketing Firm Named Business Partner Of Year

piro & Associates Marketing, Advertising, Public Relations and Brand Architecture was recently named Business Partner of the Year. This comes after the Cape Coral Community Foundation's 4th annual Excellence in Nonprofit Performance Yearly (ENPYs) virtual awards ceremony.

Created to commemorate community leaders who too often go unrecognized, Business Partner of the Year is presented to people who regularly serve residents in Lee and Collier counties. More specifically, this includes using a business' marketplace position to further a nonprofit's mission, as if it were a central function of business operations. These pro-bono efforts should also be considered the management's or staff's genuine personal investment.

Spiro & Associates was one of 110

Spiro & Associates was one of 110 ENPY awards nominees and one of three finalists in its respective category, with 36 total finalists. Its online nomination highlighted ongoing initiatives with far-reaching results. They included The Rist Family Foundation's inaugural Generous

Lee event, which recently raised nearly \$80,000 to benefit Valerie's House and the Cape Coral Community Foundation; SOS: Save Our Summer–Feed the Cape! on behalf of the Cape Coral Caring Center, which raised \$33,650 and 3,250 pounds of food in 2018 for local families in need; and Eat.Clay.Love. by Ronald McDonald House Charities of Southwest Florida, which brought in \$30,000 in its first year and led to several similar events.

Chief Creative Officer Christopher T. Spiro hosted an ENPY viewing party at his home in Cape Coral to share in the celebration with staff, clients and friends of Spiro & Associates. Upon the award announcement, the broadcast cut live to the viewing party where select winners were able to speak and recognize all those who were a part of the success and community participation.

"No matter what challenges we face as an agency, Spiro & Associates always has something to give and a great desire to do so," Spiro said. "Some of the most cherished donors have been a part of the ENPYs, and the fact that the Cape Coral Community Foundation deemed us worthy to join them is truly an incomparable privilege. Thank you for giving us something to be proudest of, particularly during this most difficult and uncertain time."

Skilled Nursing Sites Rated As High Performing

ee Memorial Hospital Skilled
Nursing Unit, Gulf Coast Medical
Center Skilled Nursing Unit
and HealthPark Care Center earned
recognition as a 2020-21 Best Nursing
Home as evaluated by U.S. News
& World Report. All three of Lee
Health's skilled nursing sites earned
High Performance ratings for excellence
in short-term rehabilitation care.
Additionally, HealthPark Care Center
earned a High Performance rating in
long-term care.

"We are honored to receive the high performing ratings from *U.S. News & World Report*," said Leslie Vollmer, senior administrator of skilled nursing services at Lee Health. "Every day our compassionate team strives to be a national leader in quality skilled nursing. This recognition is an endorsement that our commitment and dedication to provide our patients with the highest level of quality care is working."

The Best Nursing Home finder

features ratings on both long-term and short-term care. The Long-Term Care Rating aims to provide prospective residents who need help with daily activities and their families, with analysis and information regarding the quality of care provided by nursing homes. The rating includes data on staffing, success in preventing ER visits and pneumonia vaccination rates, among other metrics. The short-term rating incorporates measures of quality including consistency of registered nurse staffing, use of antipsychotic drugs and success in preventing falls.

The Best Nursing Homes ratings reflect *U.S. News*' exclusive analysis of publicly available data using a methodology defined by *U.S. News* that evaluates factors that it has determined most greatly impact patient and resident care, safety and outcomes. In 2020, *U.S. News* evaluated data on more than 15,000 skilled nursing facilities. Only 21 percent of nursing homes were rated as High Performing.

Additional information about each nursing home rated and about the methodology used in the ratings is available at http://health.usnews.com/best-nursing-homes. For more information, visit www.leehealth.org.

WGCU Manager Set To Retire

JGCU General Manager (GM) Rick Johnson recently announced his intention to retire from that post on June 1, 2021.

Johnson's career in broadcast media spans 52 years, with four decades and eight sets of call Rick Johnson letters to his credit



before he joined WGCU as GM 12 years

In an email to staff and the WGCU Public Media Advisory Board, Johnson outlined his immediate and continuing vision for WGCU as assuming a greater role as the media outlet of record and public interest journalism in Southwest

Johnson's tenure in public media includes PBS stations in Seattle and Albuquerque, followed by deep ties to Florida stations. Since January 1991, he has been involved with virtually every aspect of public media in Florida, in Tallahassee and Jacksonville prior to Southwest Florida and WGCU.

"Rick Johnson is one of public media's outstanding leaders - not just in Florida but everywhere he has served," said Patrick Yack, executive director, Florida Public Media. "He has been a thoughtful. engaging and inspiring member of the Florida Public Media Board and he was an exceptional chair. Always dedicated to our mission, Rick has left an indelible mark on our craft and our profession."
"Southwest Florida WGCU members

have benefited from his vision and the execution of the outstanding team he assembled," said advisory board chair Judy Bricker. "The station has realized its potential with Johnson at the helm and will now reach to a new and higher set of goals thanks to his continued vision.

"Rick's depth of experience will be sorely missed at WGCU, but he well deserves the time to begin his next chapter," said Katherine (Kitty) Green, FGCU vice president of university advancement and executive director of FGCU Foundation.

A national search will ensue for his

Johnson concluded his announcement with this: "In addition to it having been an honor and a privilege, it has also been a pleasure to work alongside all of you through the proverbial thick and thin to make WGCU one of the most successful, most-watched, most-listened-to and mostwell-supported public media organizations in the country."

FGCU Building Named For Noted Supporter

₹orida Gulf Coast University's (FGCU) new entrepreneurship building has been named after David Lucas, one of FGCU's earliest and strongest supporters, with gifts and pledges in excess of \$8 million. The FGCU Board of Trustees approved the



David Lucas photo courtesy Julia Bonavita

naming at a recent virtual meeting. Lucas' latest gift, a \$4 million challenge that spurred other pledges to collectively match his and ensure the building's construction, empowers FGCU to groom generations of students who aspire to be entrepreneurs like him. Rising quickly on a site adjacent to the Student & Community Counseling Center, Lucas Hall will house the fast-growing Daveler & Kauanui School

of Entrepreneurship as well as the Small Business Development Center and FGCU's Regional Economic Research Institute, all of which engage in community partnerships that benefit economic development.

"Entrepreneurship is what drives this country," Lucas said. "It creates jobs. Small companies make a big difference."

Lucas has been making a difference in Southwest Florida for more than three decades. He has led by example, sharing his time and expertise as well as his fortune with causes such as the Southwest Florida Community Foundation, United Way and The Canterbury School.

The thing that I would like to be remembered for is the fact that I have been associated with many different organizations, charitable and business alike, that have had a positive impact in

the community," Lucas said.
At FGCU, he helped tee off the institution's first annual fundraiser, The Founder's Cup golf tournament, which has raised about \$2 million for scholarships since 1991. He served on the university's founding board of trustees and continues to play an active role with the FGCU Foundation. The Lucas legacy also includes a \$2 million gift to establish the David and Linda Lucas Center for

continued on page 20

Environmental Groups Gain Win Over Discharges

alusa Waterkeeper is among the enviromental groups involved with a recent win in federal court regarding the management of Lake Okeechobee and its impacts on the Caloosahatchee and St. Lucie estuaries.

Center for Biological Diversity, Calusa Waterkeeper and Waterkeeper Alliance issued a notice of intent in December 2018 and officially filed suit against the U.S. Army Corps of Engineers in June 2019. A recent court order concluded an important case in holding the federal government more accountable for its actions affecting endangered species and federally designated critical habitat.

Federal Judge Middlebrooks agreed with the plaintiffs that the U.S. Army Corps of Engineers was not in compliance with the Endangered Species Act regarding the impact of Lake Okeechobee discharges and harmful algal blooms, and how endangered species and their habitat would be affected. The judge ruled that a biological assessment would be undertaken to look at how harmful algae and their toxins like BMAA would affect species such as manatees, sea turtles and other federally listed plants and animals impacted by lake discharges.

The court expressed serious concern about the impacts of releases of contaminated water on manatees, explaining, "There is perhaps no animal that embodies the need for the (Endangered Species Act) more than the manatee." The Army Corps chose not to address these species in their biological opinions at the time, therefore failing to follow federal law.

The Center for Biological Diversity has taken the lead representing the plaintiffs in this lawsuit, while John Cassani and several other members of the Calusa Waterkeeper organization provided important standing and recommendations in the case.

This is an important step in setting precedent, with a goal of avoiding environmental disasters such as those we experienced in our estuaries in 2016 and 2018," said Cassani. With new leadership in the past couple of years, the corps has proposed several deviations and demonstrated greater "operational flexibility," which are positive developments the Calusa Waterkeeper board has welcomed. "The Army Corps seems to finally be coming around and starting to acknowledge the biological and health impacts of their Lake Okeechobee release decisions,' added Cassani.

KC Schulberg, Calusa Waterkeeper's executive director, said this is a community win. "Thanks to grassroots support of Calusa Waterkeeper, Waterkeeper Alliance and Center for Biological Diversity, the citizens are making progress in improving our governments' habitual mismanagement of south Florida waterways. It is the support of principled environmental groups such as ours that make these important wins possible.

While another claim in the suit is pending, this initial Endangered Species Act ruling is an important victory for the people and wildlife of south Florida.

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Near Dark



by Di Saggau

Talk about a fast-paced thriller, Near Dark by Brad Thor shows that the author has mastered that art. Scot Harvath, the main character, is no newcomer to Thor's novels. This time

he's a broken man having lost his wife, his mentor and a close friend. Things take a turn for Harvath when, while drinking cheap whiskey because it helps him endure the pain he's had over the last several years, two thugs pick a fight with the former Navy SEAL. Harvath takes the two thugs outside to teach them a lesson only to find out it's a setup. A professional assassin is ready to kill him. With the help of some former teammates, he survives and discovers there's a contract out on him on the dark web. It's the world's largest bounty, and his only hope to survive is to outwit, outrun and outlast his enemies as he searches for the truth.

He needs help, and not knowing whom he can trust, Harvath finds an ally in Norwegian intelligence operative Sølvi Kolstad. She's as smart and deadly as he is, and just as determined. She also has the skills and a broken, troubled past that matches Harvath's. Characters in the book are extremely interesting and well-described, so we can picture them in our

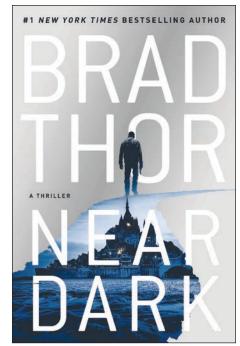
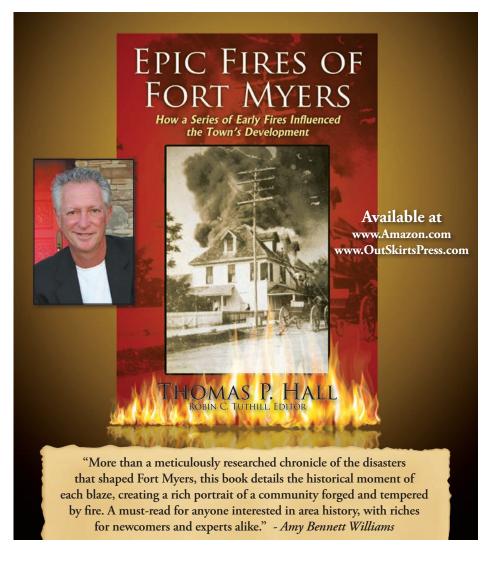


image provided

heads. I liked Nicholas, who suffers from primordial dwarfism and had two massive Caucasian Ovcharkas named Argos and Draco, as pets. Both Nicholas and Sølvi steal the scenes they are in as they work brilliantly with Horvath.

One reviewer goes so far to say that Near Dark might be the single greatest thriller he's ever read. Others definitely agree it's Harvath's best ever. You are bound to enjoy what takes place as America's top spy goes on his most dangerous mission ever.



School Smart



by Shelley M. Greggs, NCSP

Readers,
The
2020 election has
generated strong
opinions, emotions
and disagreements
among many
Americans, and it
is occurring in the

context of widespread, ongoing stress and anxiety from the pandemic, economic challenges and racial injustice and unrest. We have much to do to heal and move forward as a nation. As parents and caregivers, we have a critical responsibility to help children and youth feel safe and secure, and to help them learn how to engage with others of differing viewpoints in a peaceful, tolerant and respectful manner.

Below are some recommendations from the National Association of School Psychologists for how adults can support children as we move forward.

Adults can help children manage their reactions to events in the news and in their communities by understanding their feelings, modeling healthy coping strategies, articulating their viewpoints in a productive way and closely monitoring their own emotional states and that of those in their care.

Reassure children that they are and will be okay. Many children have been aware of the intensity of this election, and some may feel at risk.

Help children manage strong emotions. For many children, the intense discussions, media images and messages that they have been exposed to through the election period can trigger a range of strong emotions. Some children may experience anger or stress. Others may feel a sense of excitement and hope. Children's emotions can spill over into the classroom, whether in person or virtually. Help children understand the range of emotions that they are feeling and learn to express them in appropriate and respectful ways. For children experiencing stress, encourage them to talk about their feelings, maintain a sense of normalcy in their schedules and activities, and provide coping strategies.

Help children see other perspectives and value respectful dialogue. Sharing our different points of view and working to find common ground, shared goals and mutual understanding is the best way to draw strength from our diversity. The very nature of civil disagreement is to acknowledge respectfully the views and experiences of other people and learn from differing perspectives.

Discuss the importance of respecting our democratic process. Despite the divisive nature of the election, Americans voted in large numbers across the country in a largely peaceful manner. Our system of government is based on the peaceful and orderly retention or transfer of power according to the outcome of the election. Highlight how important it is that all citizens engage in the democratic process, not just during a presidential election, but all of the time and at all

levels of government. Acknowledge that the process is bolstered by the volunteer efforts of thousands of citizens across the country. Discourage students from seeing the election in terms of winners and losers, if possible, and focus instead on the need to work toward common goals such as reinforcing everyone's safety and wellbeing, ensuring equitable and just systems, creating a strong economy and finding a path to move forward as one country.

Encourage children to channel their views and feelings into positive action. We are all part of the American community and can make positive contributions. Like adults, children are empowered by the ability to do the right thing and help others. Working with classmates or members of the community who come from different backgrounds not only enables children to feel that they are making a positive contribution, it also reinforces that we all have good things in common.

The recommendations are adapted from the National Association of School Psychologists (2020): NASP Guidance for Ensuring Student Wellbeing in the Context of the 2020 Election.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Brewers Win Best Hard Seltzer At Nationals

Port Myers Brewing Company's locally crafted spiked seltzer beverages, Spyk'd Hard Seltzer, has earned national recognition, voted Best Hard Seltzer by attendees of Seltzerland 2020, a national hard seltzer competition recently held in Tampa.

Over 900 attendees participated in the socially distanced tasting festival, with approximately 40,000 samples served from well-known hard seltzer brands including White Claw, Truly, Bud Light Seltzer and other craft brands. In the Best Hard Seltzer category, Vizzy Hard Seltzer earned second place and BON V!V Spiked Seltzer earned third place.

Spyk'd Hard Seltzer is brewed naturally gluten free with all-natural flavorings, fermented just like Fort Myers Brewing's other popular craft brews. The spiked beverage contains 5.0% alcohol with 90 calories, 0 carbs and 0 sugar per 12-ounce pour and comes in a variety of flavors including orange, watermelon, mojito, strawberry lime and more.

"To be recognized among the top hard seltzer brands in the industry is an incredible achievement for our team," said Rob Whyte, who co-founded Fort Myers Brewing in 2013 with his wife, Jen. "We are proud to share our craft with fellow seltzer-lovers and are honored to be named Best Hard Seltzer at the Seltzerland festival."

Grant To Help Fight Climate Change

The Southwest Florida Community
Foundation has received a \$200,000
grant from the Charles Stewart
Mott Foundation for adopting the United
Nations Sustainable Development Goals
(SDGs) as a frame for organizational
strategy over the next two years.

Adopted by all United Nations Member States in 2015, the 2030 Agenda for Sustainable Development provides a shared blueprint for peace and prosperity for people and the planet, now and into the future. At its heart are the 17 SDGs, which are an urgent call for action by all countries – developed and developing – in a global partnership. They recognize that ending poverty and addressing social challenges must go hand-in-hand with strategies that improve health and education, reduce inequality and spur economic growth – all while tackling climate change and working to preserve our oceans and forests.

The Southwest Florida Community Foundation believes that global change begins locally and that utilizing the SDGs is the key to engaging cross-sector community partners, businesses, government, nonprofits, donors and funders in more meaningful ways that deepen and broaden impact.

The SDGs are both a north star and Rosetta Stone, offering communities a much-needed common language to address local challenges within a global context. The SDGs help us approach community challenges and opportunities holistically so we can use data to understand synergies and trade-offs when engaging in dialogue and making decisions," said Sarah Owen, president and CEO of the Southwest Florida Community Foundation. 'Community foundations are critical infrastructure around the world for realizing the 2030 Agenda and transforming our world. That means community foundations must evolve our business model utilizing the SDGs to drive impact and reimagine all aspects of our work through the SDG

Owen said the foundation's visioning, operations, investing and communications,

as well as programs, will be driven by and aligned with the SDGs. Doing so will allow them to add far greater value to their donors, funders, partners and non-profit organizations in the region while contributing to global impact.

With the \$200,000 from Mott and

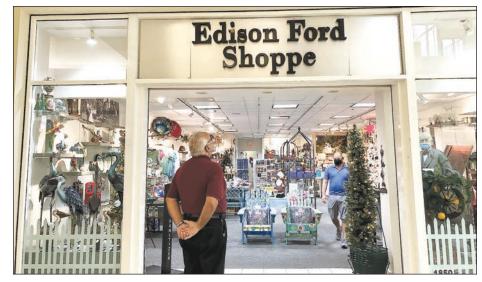
With the \$200,000 from Mott and another \$197,000 matched by the Southwest Florida Community Foundation, the foundation will focus on engaging donors and funders as well as grantmaking

and community impact.

"The SDGs provide a framework for global change, driven by local outcomes. The SDGs are interdependent and have universal applicability, creating opportunities to accelerate progress toward social, economic and environmental sustainability," said Katie Leone, head of sustainability and impact. "Tackling seemingly insurmountable goals like ending poverty and reducing disparities requires bold collaboration and a detailed blueprint for regional transformation. The SDGs offer us an agile toolkit so we can get to work and improve the quality of life in our

This grant will be applied to utilize the SDGs to help financers enhance their impact by strategically investing in areas of greatest need as they inevitably evolve. To accomplish this, the foundation is engaging donor-advised fund holders, giving circle participants and new donors around the SDGs to create more flexible and unrestricted money to support creative problem-solving and community ingenuity. The foundation will also develop an internal database of organizations aligned to the SDGs by their mission and strategic priorities. This database will support donors in investing in areas of greatest interest or need. It will also enhance the region's ability to convene changemakers to rally around relevant issues collectively. Additionally, the foundation will assess the impact of grantees' work along with the impact if its own projects and programs via the SDGs to illustrate the cumulative impact across a variety of social, economic, and environmental indicators. Such assessment provides a critical feedback loop to the community foundation, its donors, and funders because it illuminates where they are making an impact and where additional resources are required.

For more information, call 274-5900 or visit www.floridacommunity.com.



Edison and Ford Winter Estates retail store in Edison Mall

photo provided

Estates Opens Retail Store In Edison Mall

n Monday, November 9 at 4:30 p.m., Edison and Ford Winter Estates will celebrate the opening of its new retail store, the Edison Ford Shoppe, in the Edison Mall. The Greater Fort Myers Chamber will conduct a ribbon-cutting ceremony, the public will be treated to a phonograph demonstration, and an antique 1919 Model T Ford will be on display. The new store is located near Dillard's in Edison Mall on Cleveland Avenue in Fort Myers.

Masks are required in the mall.

The store features artwork, souvenirs, clothing, kid's games, books, kitchen items and Thomas Edison and Henry Ford signature collector's items. The store is an extension of the world-renowned historic site of famous inventors, Edison and Ford – located just a few miles away in downtown Fort Myers, where visitors can explore more than 20 acres of botanical gardens, the historic winter homes, a 15,000-square-foot inventions museum, and botanic research laboratory. Thomas Edison was one of the first snowbirds to visit Fort Myers and is the namesake for Edison Mall.

For more information, visit www.edisonford.org.

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by Craig R. Hersch Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA & Island Sun Columnist

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APEX Awards Moved To April

The Greater Fort Myers Chamber of Commerce Women in Business Committee has announced a new date for its APEX Awards. The ceremony will now be held on April 30, 2021 at 11:30 a.m. at The Westin Cape Coral Resort at Marina Village.

Presented by Sanibel Captiva Community Bank, the annual APEX Awards recognizes outstanding women in the Greater Fort Myers community who excel in the areas of professionalism, philanthropy and leadership. Nominate deserving leaders online at www.fortmyers.org/events/ apex-awards through Friday, November 13. Upon acceptance of a nomination, nominees must be current members of the Greater Fort Myers Chamber of Commerce. Nominations that have already been submitted for the 2020 awards will remain in the running, and the nominators will be contacted to see if updates are needed. New entries are welcome and encouraged.

This year, the five finalists for the APEX Awards will be announced as part of the Women in Business Sweethearts & Scholarships auction at the Crowne Plaza at Bell Tower on Wednesday, February 10 at 4 p.m. The five finalists announced will go on to be recognized during the luncheon celebration on April 30, 2021, where one will be named the recipient of the APEX Award.

For more information on nominations or sponsorships, contact Linda Onorevole at 332-2930 ext. 213 or visit www. fortmyers.org.

Will Power

Dead Fish Go With The Flow



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

After the Holocaust, social scientists were haunted by the question of why so many people were prepared, whether by active participation or silent consent, to go along with a regime that they knew was committing a terrible crime against humanity. Solomon Asch, a social psychologist seeking an answer to this question, created an experiment by assembling a group of people, asking them to perform a series of cognitive tasks.

They were shown two cards – one with one line on it, the other with three lines of different lengths – and asked which

of the lines on the second card was the same length as the line on the first card. Unbeknownst to one participant, all the others had been briefed by Asch to give the right answer for the first few cards, then the wrong one for most of the rest.

On a significant number of occasions, the subject gave an answer he could see was wrong because everyone else had done so. Such is the power of the pressure to conform: it can lead us to say what we know is untrue. It can also convince us that our instincts are wrong.

That is why it is so important that each one of us has the courage and conscience to take risks, to experiment with new ideas, to think "outside the box." Dead fish go with the flow. Live fish swim against the current.

I'm writing this column on November 5, even though it won't be published until November 13. On this date we remain uncertain who won the presidential election. Neither candidate has been assured 270 electoral votes, and even still, lawsuits have been filed questioning ballot validity in a few key swing states.

Hopefully by the time that you read this, the issues have been resolved. Perhaps

Now more than ever, we isolate ourselves. The world is changing faster than we can bear, with the knowledge that it will continue changing faster still. In an age when

narrowcasting, not broadcasting, dominates, and when we surround ourselves only with ideas that we feel comfortable with, our relationships with others suffer.

When our Facebook news feed confirms our beliefs and builds upon them, our views become more extreme. We're trapped in the proverbial echo chamber. Social media allows us to connect electronically with others, yet is also tends to make us more anxious, uncertain and fearful. We've become isolated, (even more so with COVID-19) with this false sense that we're interacting with others. Somehow electronic interaction isn't the same. It's destructive.

Our era has become the "me" era. Products and services are individualized. We take selfies. We've lost our sense of community.

Instead of going with the flow, how about each one of us pledges to renew face-to-face encounters, and to try with people who are not like us. Let's realize that we can disagree strongly with others yet remain friends.

In those encounters, we'll discover that the people not like us are people too, just like us. We have much in common, despite our differences.

Somehow we've fallen into magical thinking that electing a particular leader will solve all of our problems. When this kind of thinking dominates, we fall for extremism, whether on the far right or far left. Half of us don't have the leader we want; the remainder are disappointed that our leader hasn't lived up to our high expectations.

It's time that we open ourselves to people with opposing views. Recognizing that life experiences mold who we are, let's grant others the same leeway we grant ourselves. This mindset allows us to empathize with someone who's traveled a different road and who's arrived at different conclusions as to the world around them.

We can broaden this thinking to our community – our collective experience. The Preamble to the United States Constitution begins, "We the people," describing our shared and continuing responsibility to form a more perfect union, establish justice and ensure domestic tranquility. That won't happen in echo chambers vilifying those who think differently than we do.

When we extend our hand in friendship to others not like us, we begin to heal the fractures that have divided society.

Let's not be dead fish, flowing with the current. Instead, let's agree from this point forward to take risks, swim upstream and extend ourselves, especially to those who think differently than we do.

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Bank Official Named To Prominent List

Veronica
LeBlanc has
been named
a 2020 Business
Observer 40 Under
40 honoree. The
awards spotlight
young professional
leaders who
shine brightest
among their peers
in the region,
including Pasco,
Hillsborough,



Veronica LeBlanc

Pinellas, Polk, Manatee, Sarasota, Charlotte, Lee and Collier counties.

LeBlanc joined Sanibel Captiva Community Bank in 2017 to lead the bank's Gateway Branch. As vice president and office manager, she is responsible for business development and oversight of daily branch operations, which includes managing branch personnel. With nearly 20 years of banking experience, LeBlanc has successfully increased the branch's deposit growth rate each year and cultivated a healthy customer roster within a range of industries, including title companies, property management firms and Gateway-based small businesses.

LeBlanc is a board member of the Southwest Florida Hispanic Chamber of Commerce and Kiwanis of Fort Myers-Gateway. She has volunteered for the Juvenile Diabetes Research Foundation since 2009 and served on various United Way of Lee, Hendry, Glades and Okeechobee Counties allocations teams since 2017. Over the years, LeBlanc has also volunteered for many Southwest Florida charitable organizations, including Junior Achievement of Southwest Florida and PACE Center for Girls, Lee County.

Charitable Foundation Sets Challenge Grant

The FutureMakers Coalition has secured a \$50,000 challenge grant from The Elsa & Peter Soderberg Charitable Foundation Inc. for the Talent Hub efforts at Florida Gulf Coast University (FGCU) and Florida SouthWest State College (FSW) with the goal of reducing barriers to bringing back identified stop-out students, many who left school just a few credits short of earning a degree.

According to data, Southwest Florida has more than 40,000 stop-outs from FGCU and FSW, a captive audience who can finish what they started, fill indemand jobs and become the qualified workforce we need.

The coalition aims to transform Southwest Florida's workforce by increasing the proportion of working age adults with college degrees, workforce certificates, industry certifications and other high-quality credentials to 55 percent. The coalition has grown to over 300 FutureMakers representing business, education, government, nonprofits, philanthropy, residents and students across Glades, Hendry, Collier, Lee and Charlotte

counties.

In January 2020, Southwest Florida was designated a Talent Hub by Lumina Foundation in partnership with The Kresge Foundation and received a \$125,000 grant to support local efforts to increase educational attainment.

The Soderberg Foundation challenge grant creates an opportunity to leverage our Talent Hub efforts and significantly increase the number of credentialed workers added to the workforce pool in the short-term by targeting Southwest Floridians who started school but didn't finish," said Tessa LeSage, FutureMakers Coalition director, Southwest Florida Community Foundation, which is serving as the backbone organization for the coalition. "We know who they are. We must raise at least \$50K in order to access this grant and remove financial barriers so returning students can complete that last mile and become part of the skilled workforce. This is a fantastic investment for any entity or individual interested in making an immediate, life-changing impact supporting our economy in these unprecedented times.'

"The Soderberg Foundation invests in trusted partners with high opportunity projects that have the potential to transform communities. Elsa and I believe the work of the FutureMakers Coalition, specifically the Talent Hub, will result in an expanded qualified workforce that will attract job and economic development opportunities so Southwest Florida can flourish," said Peter Soderberg, cofounder and president of the Elsa and Peter Soderberg Charitable Foundation.

FSW's Second Look campaign asked students who previously attempted college but did not complete a

credential to give FSW a second look.

"We know the transformative power of a college degree. During this time of economic uncertainty, we invite former students to give FSW a second look," said FSW's Provost and Vice President of Academic Affairs, Dr. Eileen DeLuca. "We have increased flexibility in course schedules and modalities and are eager to support returning adult learners achieve their academic goals."

FGCU has launched a Return to the Nest initiative that offers personalized coaching, navigation and financial assistance for stop-out students to return to finish their degrees.

"FGCU's Return to the Nest is a perfect fit for learners that previously earned college credits, but haven't graduated; we have programs for everyone," said FGCU President Dr. Mike Martin. "We've got to work to get our stop-out students to finish the credentials they need to succeed and help our economy and encourage them to stay here in Southwest Florida."

From page 17

FGCU Building

Master Planned Community Development and Finance Endowed Fund and another \$2 million for The Lucas Center for Faculty Development Endowed Fund.

"David Lucas was an early investor in FGCU, and he continues to make investments that propel this university on its continual journey to excellence," said FGCU President Mike Martin. "Along with the significant financial support David has provided, his involvement with FGCU sends the message highly successful people are betting on our success."

Frankly Speaking



by Howard Prager

CAA upsets, baseball awards. and COVID-19 cancellations. Pac-12 started playing football last weekend and, before they began, two games were cancelled due to

COVID-19 as were the military academy games: Army-Air Force and Navy-Tulsa. In the Big Ten, Wisconsin has now been off two weeks. Several other leagues as well. It will be interesting how they calculate awards at the end of the season. The college games that were played though offered plenty of excitement and upsets last weekend. No. 4 Notre Dame took top-ranked Clemson to double overtime (OT) before upsetting them. Trevor Lawrence was out for the second week, but his backup D.J. Uiagalelei had a phenomenal game, coming back from 13 down and then taking the lead, only to have the Irish tie and take it to OT, where both teams scored in the first OT. In the second OT, the Irish scored first and their defense manhandled Clemson. Notre Dame is now alone atop the ACC. In the SEC, No. 8 Florida upset No. 5 Georgia handily, winning 44-28. Florida QB Kyle Trask was 30 for 43 for 474 yards, four touchdowns and one interception, making him the first quarterback in SEC history to throw for four-plus scores in five consecutive games. Although not an upset, Indiana beat Michigan for the first time since 1987. The Hoosiers remain unbeaten, and Michigan is dropping fast.

So what do you think should be done about playing during COVID-19? What records stand or count? When you look at the bubble, it worked for soccer, the NBA and MLB playoffs (except for immediately after the World Series when Justin Turner from the Dodgers went back out on the field for the celebration after testing positive for COVID-19 and being told to self-quarantine. He took his mask off for pictures. Since then, five Dodgers have also tested positive. Coincidence? I don't think so. Let's hope come next season

and spring training COVID-19 is a thing of the past.

For the first time in the 64-year history of the Gold Glove Award, a club from each league won a team Gold Glove the Indians in the American League and the Cubs in the National League. Winners were determined based on the SABR Defensive Index, which includes data from Statcast, Sports Info Solutions and STATS, LLC, as well as traditional and advanced metrics. Cleveland led all AL clubs with 27 defensive runs saved (DRS) in 2020, three more than the secondplace Rays. The Tribe was led defensively by catcher Roberto Pérez and second baseman Cesar Hernandez, who both won individual Gold Gloves, as well as shortstop Francisco Lindor, first baseman Carlos Santana and center fielder Oscar Mercado. First-time Gold Glove winner Javier Báez led a tremendous Cubs infield with seven DRS, third among MLB shortstops. His double-play partner, rookie Nico Hoerner, was excellent at second base, with five DRS of his own. At first base, Anthony RIzzo won his third Gold Glove Award, finishing with three DRS. And on the mound, right-hander Kyle Hendricks was tied for second among Major League pitchers with three DRS as well.

I talked with baseball analyst Jeff Wilder about this. "Pitching and defense will make you competitive in baseball regardless of hitting. If you don't give teams extra outs, you will be in the game. What helps the Cubs is that Javier Baez won the Platinum Glove. I tell my kids that if you can win every inning by being the toughest team to score on, you will be in the game. If you don't executive effectively on defense, that will quickly take you out of the game. Case in point was Game 4 of the World Series and one play, the final at bat where Kenley Jansen threw the wrong pitch and Brett Phillips singled. Dodgers center fielder Chris Taylor mishandled the ball, first baseman Max Muncy's relay to home plate wasn't great, catcher Will Smith catch the ball, and Jansen didn't bother to back up home plate. Randy Arozarena scored the winning run despite falling down as he rounded third base. One hit and four potential errors. The defense lost it for the Dodgers." Sounds like a team gold glove may indeed be a good idea.

The Good News Network provides a

baseball related story for this week. Nineyear-old Reese Osterberg and her family lost their home in California's Fresno County Creek fire as did many families. Reese is a huge baseball fan, and she lost her entire baseball card collection. She'd been collecting since she was 6, and she had gathered over 100 cards in three years. When the Fresno County fire crew heard about Reese's collection, they decided to see what they could do to help. Through a posting on Facebook they asked if anyone could help a little girl by donating some of their baseball cards. Luckily, San Jose's Kevin Ashford saw the post. He told NBC Bay Area, "I got to thinking about what I had in the garage... I thought instead of selling them on eBay, I'm going to donate them all and put a smile on a little girl's face." So that's exactly what Kevin did. Given that he started collecting in the 1990s, he had quite a few to donate, 25,000 to be exact. When Cal Fire firefighters presented the cards to Reese, they put her on a Zoom call with Ashford so they could meet. They also helped arrange for Buster Posey, her favorite player, to jump on the call to speak with his young fan. "This is the best day I've ever had," Reese told The Fresno Bee. "More than awesome, probably." Indeed. Stay safe

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@

my readers.

Golf Tournament Fundraiser Set For December

he Dunes Golf & Tennis Club will host Kelsey's Kickin' Cancer Golf Tournament on Saturday, December 5. Registration begins at 8 a.m. with a shotgun start at 9 a.m.

The fundraiser is a four-person scramble that is limited to the first 68 players to sign up. Cost, which includes donation and tax, is \$75 per Dunes member or \$85 per nonmember.

John Schoendorf is a 25- to 30-year associate of The Dunes Golf & Tennis Club, The Inns of Sanibel and other island properties on Sanibel and Captiva. He became a part of the Dunes family over the years, completing all the necessary technological work that would leave most people scratching their heads.

In August of this year, his daughter Kelsey Schoendorf, who works at Gator Bites in Fort Myers, was diagnosed with metastatic breast cancer. She is known for being a loving, trustworthy, caring mother, sister and friend. As her father John says, "she's an incredibly strong young lady, and we rarely hear her complain or get mad at anyone. She always says I'm fine, no I'm not angry or sad.

On behalf of the Schoendorf family, the golf fundraiser hopes to be a resounding success.

The Dunes Golf & Tennis Club is located at 949 Sand Castle Road on Sanibel. To sign up, call the pro shop at 472-2535.☆

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SPORTS QUIZ

- 1. What Cleveland Browns player scored the first two-point conversion in NFL history in Week 1 of the 1994 season?
- Corliss Williamson, aka "Big Nasty," was named Most Outstanding Player of the 1994 NCAA Basketball Tournament as a member of what team?
- What American track and field athlete set world records in the 100-meter and 200-meter sprint in 1988 and is still considered the fastest woman of all time?
- Who led the NHL in goals scored in the 1996-97 season with 52 as a member of the Phoenix Coyotes?
- In 1908, Jack Norworth and Albert Von Tilzer wrote what popular sports-themed song?
- Before serving as NBA commissioner from 1975-84, Larry O'Brien was appointed to what government position by President Lyndon B. Johnson in
- What is the name of the oversized bass drum that has been featured at University of Missouri Tigers home games since 1981?

ANSWERS

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Tkachuk. 5. "Take Me Out to the Ball Game." 6. U.S. postmaster general. 7. Big MO. 2. The University of Arkansas Razorbacks. 3. Florence Griffith-Joyner. 4. Keith

Roundtable With U.S. Secretary Of Commerce

The Greater Fort Myers Chamber of Commerce hosted U.S. Secretary of Commerce Wilbur Ross on October 28 for a virtual roundtable with Lee County business and community partners.

The roundtable featured discussion on the local economy, the challenges of doing business in the wake of COVID-19, and ideas for revitalizing industries and communities, generating more jobs and creating a resilient economy.

"Hosting Secretary Ross was a great opportunity for our community and the future of our economy," said Colleen DePasquale, president and CEO of the Greater Fort Myers Chamber of Commerce. "The chamber was proud to unite our region's business leaders to represent Lee County in this thoughtful, engaging discussion.

Roundtable participants included DePasquale as well as Helen Edenfield, global director for facilities at NeoGenomics; Daniel Eveloff, senior vice president of Regions Bank and board president for the Horizon Foundation; Kevin Kollker, director of



From left, John Talmage, Helen Edenfield, Matt Price, Ray Sandelli, Robert Shovlin, Kevin Kollker, Michael Walsh, Jen Whyte, Colleen DePasquale and Daniel Eveloff photo provided

operations for Scotlynn; Matt Price, CEO of Seagate Development Group; Ray Sandelli, commissioner for the Lee County Board of County Commissioners; Robert Shovlin, president of the clinical services division for NeoGenomics; John Talmage, director of the Lee County Economic Development Office; and Jen Whyte, co-owner of Fort Myers Brewing Company.

Economic recovery was a key point of discussion, with Ross commenting on Florida's standing.

"There are indicators that we are holding to a standard and steady pattern of economic recovery here in the

Sunshine State and across the country," Ross shared during the roundtable discussion. "Americans saved more than \$22 trillion between March and September. And once we beat the virus, there will be pent-up demand in the tourism sector. We can expect that Americans, empowered by these savings, will be ready to spend here in your state in the near-term.

Talmage shared that the Southwest Florida International Airport is recovering faster than any other in the state," while developer Price commented that Lee County is "pro-business, pro-growth" and has "ways to get things

done versus getting in the way."

Participants also weighed in on the results of the Paycheck Protection Program (PPP) program and discussion of forgiveness rules and a second, more targeted PPP loan program.

There is nothing more important than retaining our employees," Whyte said as she spoke about the impacts on the craft beer industry. "A good team is the heartbeat of a small business."

The roundtable was organized by the Greater Fort Myers Chamber of Commerce and hosted at NeoGenomics, a company specializing in cancer genetics testing and information services. Before the roundtable, Michael Walsh, chief of staff for the U.S. Department of Commerce, received a tour of NeoGenomics' Fort Myers headquarters.

"American-owned businesses like those represented by the chamber form the economic backbone of our communities," Ross said during the roundtable. "I was pleased to learn that NeoGenomics will open a new world headquarters right here in Fort Myers, next September. No doubt this new facility will continue to strengthen the Florida economy, creating more high paying jobs and valuable opportunities for hardworking Americans.

For more information, visit www. facebook.com/gfmcc.☆

Design Flood Mitigation Projects Approved

The Lee Board of County Commissioners recently approved contracts for the design of two flood-mitigation projects in south Fort Myers. The projects are part of the board's ongoing commitment to flood mitigation and water quality.

The projects will design:

Improvements for the Iona Drainage District Canal H-7. The canal is located just south of College Parkway between Florida Southwestern College and Cleveland Avenue. The area serviced by the canal experienced flooding from multiple rain events including Invest 92-L and Hurricane Irma in 2017. The contract was awarded to Kimley-Horn and Associates for \$268,745. The project design is funded in part by a grant from the Florida Department of Emergency Management.

Modifications, such as upsizing and/ or adding drainage pipes, to the drainage network along the southern end of Ten Mile Canal in the Lee County U.S. 41 Industrial Park area. This area also experienced severe flooding during Invest 92-L and Hurricane Irma in 2017.
The contract with Kisinger Campo & Associates Corp is for \$246,082. The project design is funded in part by a grant from the Florida Department of Emergency Management.

Both projects are part of the Phase 3: Southern Lee County Flood Mitigation Plan, which is being developed by local storm water experts under the direction of Lee County Natural Resources. Earlier this month, the county held a public meeting to inform stakeholders about the effort.

Other efforts also continued, including:

The board approved an interlocal agreement with the South Florida Water Management District (SFWMD) that helps the county and district join forces on flood-mitigation efforts. Specifically, the agreement had the SFWMD take over management and maintenance of 13 natural flow ways and waterbodies;

The county obtained a U.S. Department of Agriculture's Natural Resources Conservation Service (NRCS) grant for sediment and debris removal in two areas within the Ten Mile Canal:

The county repaired a water control structure at U.S. 41 and Mullock Creek which was damaged during the storm;

The county worked with the East Mullock Water Control District to remove debris from ditches from the San Carlos

The county applied for and was awarded \$7.1 million through the Florida Department of Economic Opportunity's Rebuild Florida Infrastructure Repair Program for flood resiliency spending; it allows the county to step up the pace of drainage improvements in the Mullock Creek basin.

Lee County Department of Transportation has performed drainage enhancements along Island Park Road and in The Villas.

The county applied for a \$10.3 million federal Community Development Block Grant earmarked for post-Hurricane Irma mitigation to build a filter marsh, reservoir and weirs on the GS-10 parcel north of Lehigh Acres. This CDBG-Mitigation proposal, approved by commissioners, is being reviewed by the Florida Department of Economic Opportunity.

For more information, visit www. leegov.com/flooding; click on the "Interactive Story Map" on the top left part of the landing page. Questions can be emailed to leecountyfloodstudy@leegov. com or call 533-8109.

Mental Health Services And **Medical Exams**

he Lee Board of County Commissioners (BOCC) approved \$4,675,451 in annual contracts Tuesday with service providers for substance abuse/mental health treatment services and initial medical exams/ consultations for children under the

suspicion of abuse.

During the FY 2020-21 budget process, the BOCC allocated funds for mental health and substance abuse treatment programs for children and adults; and initial medical exams and consultations for children under the suspicion of abuse.

The contracts:

SalusCare, Inc. will receive an amount not to exceed \$4,425,451 for Fiscal Year 20/21. Funds are needed to satisfy required match for state funding and sustain the current level of service for the purchase of core mental health and substance abuse treatment services for adults and children.

Children's Advocacy Center of SW Florida, Inc. will receive an amount not to exceed \$250,000 for Fiscal Year 20/21 to pay for medical examinations and consultations. All exams billed to Lee County are initial forensic medical exams for cases of children under the suspicion of abuse and/or neglect, the cost of which cannot be billed to the parent/guardian or other funding sources and must be covered by the county per Florida statute. Because the county is statutorily required to pay for exams, it may be necessary to increase the contract amount if additional exams are required during the fiscal year.

The contracts will be managed by Lee County Human & Veterans Services,

which serves as a collaborative hub for resources - federal, state, local, private, and non-profit - designated to aid Lee County residents through supportive programs and services.

For more information, visit www. leegov.com.₩

Commissioners Accept \$4.5M In HUD Grants

The Lee Board of County Commissioners voted to accept \$4.5 million in U.S. Department of Housing and Urban Development (HUD) grant funds for fiscal year 2020-21 budget.

This funding is used for planning, homeless services, community development and various housing programs administered by Lee County's Department of Human and Veteran Services to assist people with low and moderate household income.

Lee County is eligible for the funds because HUD has accepted Lee County's annual action plan. The grants are through programs including Community Development Block Grant (CDBG), HOME Investment Partnership Program (HOME) and Emergency Solutions Grant (ESG) funds.

Projects in Lee County's annual action plan, include: Housing Rehabilitation and Reconstruction; Community Infrastructure; Community Public Services; Down Payment Assistance; Tenant Based Rental Assistance; and Non-Profit Capital Improvement.

For more information about Lee County Human & Veterans Services, visit www.leegov.com/dhs.\$

Save On Overdue Traffic Tickets, Court Fees

If you have overdue traffic tickets or court fees in Lee County that is affecting the status of your driver's license, Clerk Linda Doggett is giving you a break on collection fees during Operation Green Light from November 9 to 21. The virtual event is part of a statewide initiative designed to help drivers get back on the road.

In Lee County, the event will be held now through Thursday, November 19 from 8 a.m. to 5 p.m., Friday, November 20 from 8 a.m. to 7 p.m. and Saturday, November 21 from 9 a.m. to 2 p.m.

To participate, customers can connect via TeleClerk video conference or call 533-5000 to pay by credit card. To connect to TeleClerk, click on the icon on the homepage of www.leeclerk.org. Customers who wish to pay in cash or by check at the Justice Center must schedule an appointment on the website. Only TeleClerk services are available during extended office hours.

"This year, customers have the opportunity to participate in Operation Green Light from the safety and convenience of their home," Doggett said. "Our new video conferencing service

is especially beneficial to all our customers who have suspended driver licenses and cannot drive to the Justice Center."

If customers are unable to pay in full during the event, they can still benefit from the substantial savings by signing up for a payment plan. Once all court fees and traffic tickets are paid in full, customers may be eligible to reinstate their driver licenses. Additional fees may be required by the Tax Collector's office to reinstate a driver license.

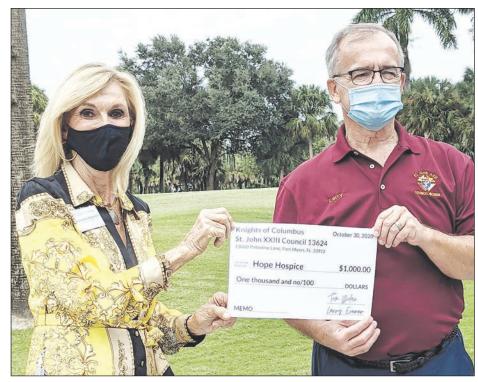
Payments by credit card are subject to a transaction fee. Customers with in-person appointments can make payments in cash, cashier's check, money order or credit card. Appointments will be held at the Justice Center at 2075 MLK Boulevard in Fort Myers.

Customers who pay in person are required to undergo CDC-recommended health screenings. Temperatures are checked at security checkpoints, face coverings are required while inside the building and social distancing is enforced.

During last year's event, nearly 850 customers saved more than \$1 million and 545 became eligible to get their license back.

Payments must be made in counties where the fees and fines are owed. Many other clerk's offices throughout Florida will be holding Operation Green Light events from November 9 through 21.

Learn more about Operation Green Light at www.leeclerk.org/ogl.*



Darlene Grossman, Hope Hospice community development liaison, and Larry Evener,
Knights of Columbus St. John XXIII deputy grand photo provided

Golf Tournament Raises Funds For Nonprofits

The inaugural Knights of Columbus St. John XXIII Catholic Church charity golf tournament raised \$3,000 for local nonprofits Hope Hospice, Special Equestrians and St. Martin de Porres Outreach.

Nearly 30 local businesses supported the 100-player tournament hosted at The Forest County Club in Fort Myers.

For more information about sponsoring the 2021 tournament next October, visit www.kc23.org.

Airport Receives Prestigious Award

The Florida Department of Transportation (FDOT) honored the Lee County Port Authority with the 2020 Commercial Service Airport of the Year Award for Southwest Florida International Airport (RSW). This is the seventh time RSW has received this prestigious honor.

"I am very proud that Southwest Florida International Airport was recognized by the Florida Department of Transportation," said Ben Siegel, CPA, CM, acting executive director of the Lee County Port Authority. "Even in the midst of a very challenging year, our employees and airport business partners continue to create a safe and comfortable atmosphere for our travelers and airport visitors, and fulfill our mission of offering quality air service, customer care, innovative thinking and

sound business management each and every day at RSW."

The FDOT Aviation Office awards the Commercial Service Airport of the Year annually to one of 20 commercial service airports in the state of Florida. To be considered, the airport must exemplify exceptional safety, aesthetics and airport management, including the areas of runway standards and surfaces, security of the terminal and airfield, general appearance and impression of airport and its facilities, staff professionalism, overall efficiency, innovation, services for travelers, financial stability and compliance with all state, federal rules and regulations.

Southwest Florida International Airport served more than 10.2 million passengers in 2019 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction. For more information, visit www.flylcpa. com.

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Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control professional to NOT use these rat poisons:

• brodifacoum • bromailone • difenacoum • difethialone

Or consider not using any rat poisons at all. Instead, seal all entry points to your home.











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Nine Natural And Effective Ways To Relax



by Suzy Cohen, RPh

Readers:
Lately,
people in the U.S.
have been dealing
with anxiety from
the recent vote
and election stress.
This, compounded
with fear from

COVID and rising cases in some states is adding to the mental stress for all Americans.

Are you feeling more stress than usual? One of the trending searches on google is finding effective home remedies for anxiety and stress, so I thought this week would be a good time to write about some options. Anything that helps reduce daytime stress can help with nighttime issues like insomnia.

Some supplements will work faster than others too, so keep that in mind. It's best to have a discussion with your practitioner about natural supplements just to make sure they're right for you. Before I get to the natural remedies, here are some non-supplement ways to calm down:

Play with your pup – If you have a dog, this is a good time to tend to your pet because studies show it helps to reduce stress and ease loneliness. It encourages playfulness too.

Take deeper breaths – We forget during the day and tend to hold our breath, especially while doing chores and listening to news, working and so forth. Deep breaths can have instantly positive effects on the body.

Play music – Turn on some music. It doesn't even have to be soft music, it could be any music, even the kind that makes you want to get up and dance.

Go out into nature – Put down the phone, and go outside. It's impossible to stay worked up about problems if you're among the flowers, or if you're photographing a squirrel or bunny in the yard. Plant some tulip, iris or daffodil bulbs, and you'll have something to look forward to in the spring when they bloom.

I have a much longer version of this article that I will email to you if you sign up for my newsletter on my website. In no particular order, here are the five most effective natural approaches for

1. Vitamin C – This helps everyone produce feel-good hormones.

2. Chamomile – This ancient herb is easy to enjoy because you can buy tea bags and drink a cup of it for fairly immediate effects.

3. Magnesium – This mineral comes in many forms and unfortunately people often buy the laxative form which doesn't improve mood. But the right type of magnesium relaxes the entire central nervous system, works immediately and helps with sleep and tranquility.

4. Compounds that raise GABA – Taurine is a very affordable, easy-to-find amino acid and, in normal doses, it can activate GABA receptors and encourage the release of GABA, much like a benzodiazepine would. But taurine doesn't lead to addiction. Some others in this category include valerian root, ashwagandha and passionflower.

5. Vitamin B6 – Take this in the daytime, because it can provide energy initially. It helps you make dopamine which is energizing. But B6 is also needed to break down glutamate (stimulating) and turn it into GABA, which helps you sleep.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.*

Doctor and Dietician

Do Sore Knees Keep You From Being Active?





by Ross Hauser, MD and Marion Hauser, MS, RD

nee pain is a common issue for many people, especially as we age. The great news is that most pain conditions can be treated non-surgically by addressing the root cause: joint instability. Think about it. If your knee joint is moving too much, you are going to tear or grind something. If you experience popping, crunching, or grinding, your knee is probably too loose. Whether you have recently injured your ACL or meniscus or have been struggling with knee arthritis or other knee pain for years, knee instability plays a significant role.

Common symptoms of knee instability are cracking with movement, pain, popping, swelling, loss of knee motion, loss of muscle strength, muscle spasms and/or referral pain to the lower leg. Knee pain can start from a traumatic event such as a fall or football tackle. Or it can become more problematic over time with increasingly stiff and swollen knees. Unfortunately for many, the knee pain goes undiagnosed and can lead to potentially unnecessary knee surgery. Weakness or tears of the ligaments and tendon attachments surrounding the knee joint lead to the looseness and instability, thus the kneecap tracks abnormally, causing pain and the cartilage under the kneecap to wear down.

Common diagnoses as a result of knee instability are Baker's cyst, bone spurs, patellar tendonitis, meniscus tears, osteoarthritis, iliotibial band syndrome, runner's knee, ligament tears, osteochondral defects, chondromalacia patella, ACL, or MCL tears.

Left untreated, chronic joint instability and destructive joint motion occur with continued use of the joint, leading to extensive degenerative changes and resultant osteoarthritis. This can be prevented with appropriate intervention through use of regenerative injection treatments such as prolotherapy, PRP and stem cell treatments derived from your own stem cells. These types of treatments, which we perform at Caring Medical in Fort Myers, can be used for all of the above conditions. The earlier the intervention is performed, the sooner one's knees can be saved from lost time out and about and lifestyle adjustments due to pain in the knees.

Prolotherapy stops knee pain because it corrects the reason for the knee pain plain and simple: joint instability. If the underlying destructive motion is not addressed, the problem is not just benign, it's progressive and will worsen over time. Just like a loose hinge on a door worsens over time! These healing injections induce a localized temporary inflammatory healing response stimulating the body to repair itself. This is the opposite of "pain management" such as cortisone injections and NSAIDs, which turn off the body's healing cascade, shutting down the body's ability to heal. Patients remain active and actually work with physical therapy/ physiotherapy to continue movement during the treatment course as tissues repair.

If you are limiting your activity due to knee pain, don't wait any longer. You can stay out of the hospital and get back to living the life you are meant to live!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.

Radiologic Program Earns Perfect Pass Rate

A Il 13 graduates in Florida SouthWestern State College's (FSW) Radiologic Technology class of 2020 have achieved a 100 percent pass rate on their national certifying exam while overcoming many additional challenges created by COVID-19.

"Throughout this year, the radiologic technology program's faculty, clinical partners and especially students, have never given up and persevered through what has been an extremely difficult time for everyone," said James Mayhew, FSW Radiologic Technology program director. "These students had to do their training remotely until they were permitted to return to campus and clinical sites to complete their competency training. They

were then required to be at their clinical site five days a week for eight hours a day in order to complete the requisite number of hours. Additionally, the testing sites we use to take our board exams were closed, and it took two to three months to schedule their exams. To have this group all pass their certifying exam on their first attempt, I have never been so proud."

Over the past 15 years, FSW's Radiologic Technology program graduates have maintained a 99.7 percent pass rate for the national certification exam.

A Florida license is obtained when the graduate passes the national certifying exam, giving the graduate the ability to obtain gainful employment in Florida. Numerous FSW graduates have also gone on to obtain licenses in other states as well.

To learn more about FSW's Radiologic Technology program, visit www.fsw.edu/academics/programs/asradiologictechnology.**

Drowsy Drivers Claim Deaths And Injuries

a drowsy driver on the road? According to NHTSA, between 2011 and 2015, total fatal crashes were 153,297 with 2.4 percent due to drowsy driving and 8,118,000 involved injuries with 2.0 percent due to drowsy driving.

Drowsy driver crashes can occur virtually any time – late at night, early pre-dawn hours, or mid-afternoon. Drowsiness leads to impaired attention, slowed mental processing, poor judgment and poor decision-making.

Warning signs of drowsy driving include difficulty remembering the past few miles driven, yawning or blinking frequently, missing an exit and hitting the rumble strip of the side of the road or center lane.

Teens, ages 13 to 18, need eight to 10 hours of sleep every day; adults need seven to 8 hours. Drowsy driving can be caused by lack of sleep, a baby being up all night, late night shift work, staying out with friends, sleep apnea and health issues. Drivers, age 24 and younger, are nearly twice as likely to be drowsy or fall asleep at the time they have a crash. People sleeping less than five hours increase their risk four to five times more than those who get more than five hours.

The Lee County Injury Prevention Coalition serves as a collaborative effort or partnership whose function is to facilitate partners' work and act as a catalyst for injury prevention initiatives. Its mission is to prevent injury, disability, and death through advocacy, education, legislation and partnerships.

For more information about the coalition or grant application, contact Brian Raimondo at ipcleecounty@gmail.com or 330-2240.

PETS OF THE WEEK

photos provided



Rose ID# A831299

Lee County Domestic Animal Services

Rose And Delores

ello, my name is Rose. I am not only patiently waiting for Santa, I am also waiting for my family to come and adopt me during the Fall in Love promotion. I am a 4-year-old female Florida curr mix who is quite shy when you first meet me, but when you sit with me, I will quickly warm up and stay beside you as you earn my trust. This beautiful gal deserves nothing less than a loving home this holiday season. My adoption fee is \$25.

Hi, I'm Delores. While November is National Adopt a Senior Pet Month, I am one of the Sassy Seniors that has many advantages over the younger



Delores ID# A831678

crowd. I am an 8-year-old female domestic shorthair who is already litter box trained. I have already blossomed into my true personality so what you see is what you get – a sweet, low-maintenance, independent gal. And you will no doubt find a loyal companion in this fabulous feline. My adoption fee is \$10.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10 a.m. to 4 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.

A Common, But Treatable, Condition

Whith the majority of animal shelters listed as 501(c)3 non-profit organizations, shelters depend on communities for support from financial to volunteers to adoptions.

But animal shelters also reflect what is out in the community concerning transmittable diseases in animals. Such is the case the last few months with ringworm spiking in the feline population in Southwest Florida.

Gulf Coast Humane Society has taken in record number of cats and kittens in 2020, and the latest trend in that population is the cases of ringworm on the rise. Ringworm is a common condition in the shelter world, and is very treatable, but with a cost.

"Usually if there is a rise of ringworm cases in the shelter, it means there is more of it in the community," said GCHS Executive Director Jennifer Galloway. "We have seen more and more cats come into the shelter already with ringworm, unfortunately."

Ringworm is not a parasite, but a fungal infection. Some symptoms of ringworm include skin lesions which appear on the head, ears and forelimbs. Ringworm causes flaky bald patches that sometimes look red in the center. In mild cases, there may be localized areas of redness or simply dandruff, while more severe infections can spread over a cat's entire body.

Ringworm is highly contagious, so when one cat has it, transmission is easy to other cats. And yes, ringworm is transmittal from cats to dogs, as well as to humans.

But the condition is not considered dangerous and is easily treatable.

"When a case of ringworm is diagnosed, that cat goes in quarantine and is treated," Galloway said. "The bad thing about quarantining is that cat





These kittens are in quarantine with ringworm, which is affecting their eyes and face area photos provided

cannot be adopted out and space becomes limited on taking more shelter cats in."

Quarantining is only a part of the treatments, which also includes oral medications and topical therapy.

It takes approximately two to three weeks to treat and end the quarantine.

The best prevention of ringworm is being clean. For instance, staff at GCHS keeps the cat areas very clean and every morning disinfects the entire living cat quarters.

"Good sanitary practices is vital in maintaining a healthy shelter, and that includes preventing ringworm," Galloway added. "But the shelter is a reflection of the community, so with our cases rising of ringworm, (it) does mean it is out in the community."

If you suspect your cat or dog has ringworm, make an appointment with your veterinarian and they will prescribe the appropriate treatment.



FROM THE BEACHES TO DOWNTOWN FO	RYMYERS
Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	
Poison Control	
HealthPark Medical Center	
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	
Fort Myers Beach Library	
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS Alliance for the Arts	000 0707
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Cultural Park Theatre	
Edison Festival of Light	
Florida Repertory Theatre at the Arcade	
Fort Myers Harmonica Band	
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	
Naples Philharmonic	
The Schoolhouse Theater	472-6862
SW Florida Symphony	
Theatre Conspiracy	574-9321
CLUBS & ORGANIZATIONS	
American Legion Post #38	
Angel Flight	731-3535
American Business Women Association	
Audubon of SWFL	
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	1-855-425-3631
Cape Coral Stamp Club	542-9153
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54 Discoloration

or triceps?

56 Meshwork

57 Razor cut

rackful

59 Closet

60 Journal

61 Fashion

Annā

designer

63 Vast period

64 It may zoom

declared?

stop nursing

70 Gradually

72 Back rub

response

73 Paper unit

74 TV camera

movement

75 CIO partner

what you

78 Hobbyists'

76 "Make

PUZZLES

Super Crossword ARE NOT! 49 MGM Grand, 89 Go by boat 44 Yearns (for) 80 Tokyo-based 1 Triage pro 46 Nissan, onće 91 Convent truck maker e.g. 51 "Scarface" residents 2 In the 49 Middle grade 81 French artist inspirer

ACROSS

- 1 Rigs out 7 Beer holder
- 10 IRS worker
- 13 Not passive 19 India's
- largest city 20 Made
- embarrassed 22 Jumped ship 23 Affixing, as
- gift wrap 24 Marionette doing some undercover police work?
- 26 Billy of "The Phantom" 28 London
- botanic gardens site **29** Fine
- distinction 30 YouTube upload on how to cook clams and rice?
- 36 Use a beam on in surgery
- Folles" 38 Of Peruvian
- peaks 39 Pickle option 41 Buddha
- statue, e.g. 45 Elated 47 Lodgings for
- wavfarers 48 Schnozz or Motor ender
- **37** "La Cage
 - buys 79 When to call it a night 83 Deluge's
 - subsiding? 86 Successfully
 - mimics 87 Struck lightly 88 Chapel vow

- 92 Eyelid
- affliction on the biceps 93 Make slanted 94 Italian public
 - square 97 Scrabble 10-pointer 98 Staff symbol
 - **101** One of the Little Rascals goes on a rant?
- 62 Ionizable gas 104 Many a charger for an e-device 108 Feed on
- 65 Simply being 109 Peaceful 110 Beef cut that brings
 - misfortune? 114 Marked with bands
 - 118 Hand out cards to 119 Object of fear
 - 120 Is beaming 121 Former British prime minister Clement
 - 122 Detroit-to-Miami dir.
 - 123 "Send help!" 124 Like the letter R in this puzzle's entire solution

- function of
- 3 Ball caller 4 Spanish island known for its nightlife
- 5 Country west of Colombia
- 6 Record one's arrival 7 Fez, for one
- 8 Dhabi 9 Spill catchers 10 Berated
- 11 Kitty cat, e.g. 12 Hoo-has 13 Addis -
- Ethiopia 14 Puts in a role
- 15 Golf ball brand
- 16 Tennis great Nastase 17 A/C opening
- 18 Uptight 21 Hotfooted it 25 Of no value 27 Last section
- 30 "Cosmos" host Carl 31 Veil fabric
- 32 Dead-on 33 Trait carrier 34 U-Haul unit 35 Adds lube to
- 40 Sugar in milk 42 Gave a ring 43 Leek relative

- 50 Biblical beast 52 12-time papal name
- 53 Tending to the situation **54** Relatively anyone
- small oinker, for short 86 Cabaret 55 Dryer debris
- 57 "Steve Jobs" star Rogen 58 Whole
- bunch 62 Really tidy type
- **63** Řoe, e.g. 64 Pre-Easter 65 Shoddy car
- 66 Earth personified as a goddess
- 67 Rebel Turner 68 Mimics 69 Wee bits
- 70 Floats in the
- 71 D sharp sound-alike 76 Lyric verse
- 77 "Śkip ahead" abbr. on a music
- player 78 Result of education
- 79 Novelist Honoré

- Édouard 82 Letters with
- curves 84 Audition not closed to
- 85 Brain product
- singer Édith 89 Jacuzzis and
- whirlpools 90 Feel poorly
- -confidence
- 95 Gabor who lived to be
- 96 Confidence 99 "Little Men" actor Jack
- 100 Loin cut **102** FDR's Scottie
- 103 Some hotels and
- old cars 104 Fed. food safety org.
- 105 Dele undoer 106 Really tired
- 107 Flows back 111 Its cap. is Vienna
- 112 Dove noise 113 Boxing stats
- 115 Malted quaff
- 116 Diver's goal 117 NYC hrs.

King Crossword

ACROSS

- 1 Coagulate
- 5 Chooses 9 Evil
- 12 Staffer
- 13 Father of Japheth

18

51

52 Green land

53 Sportscaster

Andrews

54 On in years

55 Judicial gar-

ment

56 Start over

DOWN

Fatery

2 Old Italian

- 14 Time of your life? 15 Battle zone,
- often 17 Member of a pride
- 18 Unsophisti-
- cated 19 Creates
- 21 Yon bloke
- 22 Use 24 Cage components
- 27 Cattle call
- 28 Glasgow gal 31 Retirement
- plan acronym 32 Museum fill
- 33 Agt.
- 34 Quarterbushel
- 36 Where at 37 Crucial time
- 38 Fate
- 40 Circle ratio 41 Alamo combatant
- 43 More considerate
- -Locka, Fla. 48 Half a golf
- course 51 Prohibit

32

36

49

52

- Author Amy 8 Sometime Stooge
- 9 BBQ site, often
- 10 Chills and fever
- 11 Society newcomers
- 20 Completely
- money 22 Heart line? 3 Smell 23 Cookware Cents to dimes, 24 Rend
- or dimes to 25 Anger dollars 5 Sans siblings
- 26 Contrarily 27 Cripple 6 Luau bowlful 29 Vast expanse 50 Sphere

30 Bond, for one 35 Chiang

29 | 30

45

- -shek 37 Main meal
 - 39 Allude (to) 40 Orchestra's location
 - 41 Newsom of baseball lore
- 16 Definite article 42 October birthstone
 - 43 Dandling site 44 Tragic
 - 45 Oklahoma city 46 Former attor-
 - nev general 49 Carnival city

MAGIC MAZE • LANDFORMS

NGDAXVSDIPARSPN

KIFCA(ESCARPMEN

XVSBAYOUCQOLJHE

ECAXVNTHMRPNLJH F S D N B Y I X V H D T R P K

OMSKOPHSFNTIGNE

DBZAEOXGAFLSOWU

TROLVOGLUBULINL LLAFRETAWOLLOHJ

IGGFDERCLALYBTX

OWVTWSRCPOASEMA

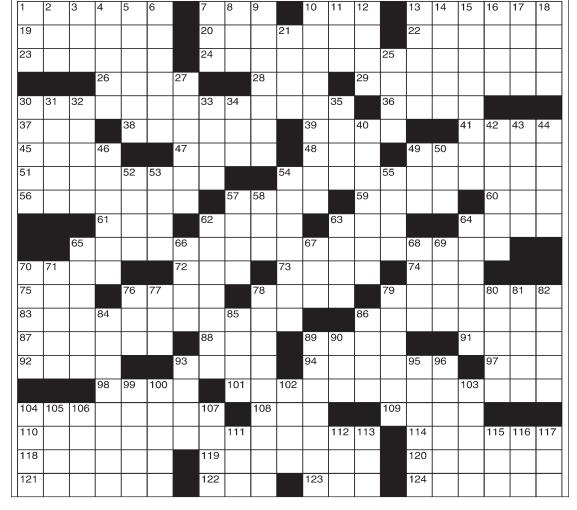
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: CEDAR —, IA

Archipelago Atoll Basin Bayou

Bluff Crevasse Escarpment Hollow

Isthmus Knoll Lagoon Mesa

Slough Waterfall Wetland



PUZZLES

Answers on page 31

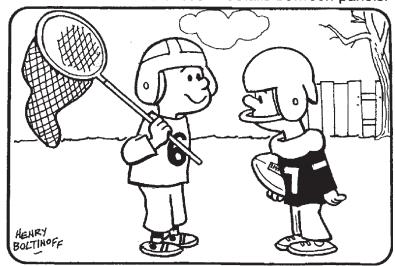
BY

		7			1		6	
4			3					1
	6			8		5		
	8		5	6			3	
		3			4			2
9			1			8		
		2			5	7		
7			4				5	
	1			2				9

To Play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

HOCUS-FOCUS HENRY BOLTINOFF HENRY

Find at least six differences in details between panels.



5. Nose is larger. 6. Number added to shirt. Differences: 1. Cloud is added. 2. Grass is missing. 3. Boy on left is taller. 4. Tree is in front of fence.



"So, the only distinguishing mark your

husband has is ____ hands?"

C	C	P	Δ	M	R	: R	C
			$\boldsymbol{\Box}$	IVI	U	- 17	

GLEEND

Charm DEUCES	
Soothe PALECAT	
Large GYMHIT	
Fable	

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

BOLTINOFF

	TOD	AY'S W	ORD	



Chicken, Mushroom and Bacon Melt

3-4 Florida chicken breasts

1 (8-ounce) container Florida mushrooms, thinly sliced

6 strips thick-cut bacon

4 slices Havarti cheese

1-2 tablespoons all-purpose seasoning (your favorite)

1-2 tablespoons unsalted butter

4-6 sprigs fresh thyme

Sea salt and fresh ground pepper, to taste Preheat oven to 400 degrees. Season

chicken breasts with all-purpose seasoning on both sides and set aside.

Preheat a large sauté pan over mediumhigh heat and cook bacon until crisp.



Chicken, Mushroom and Bacon Melt

photo courtesy Fresh From Florida

Remove from heat and set aside. Using same pan and rendered bacon grease, sear chicken for 2-3 minutes on each side. Remove from pan and place into casserole dish or sheet pan. Place a slice of cheese over each, place in oven and continue to cook for about 10 minutes or until internal thermometer reads 165 degrees. While chicken is in the oven, sauté the mushrooms in the same pan with any leftover pan drippings and butter. Sprinkle with 1 teaspoon thyme leaves, salt and pepper. Add in the crumbled bacon and mix to combine.

Assemble dish by garnishing each piece of chicken with a spoonful of the mushroom and bacon mixture over top.☆

My Stars *** FOR WEEK OF NOVEMBER 9, 2020

Aries (March 21 to April 19) Your honesty continues to impress everyone who needs reassurance about a project. But be careful you don't lose patience with those who are still not ready to act.

Taurus (April 20 to May 20) Pushing others too hard to do things your way could cause resentment and raise more doubts. Instead, take more time to explain why your methods will work.

Gemini (May 21 to June 20) Be more considerate of those close to you before making a decision that could have a serious effect on their lives. Explain your intentions and ask for their

Cancer (June 21 to July 22) You might have to defend a workplace decision you plan to make. Colleagues might back you up on this, but it's the facts that will ultimately win the day for you. Good luck.

Leo (July 23 to August 22) The Big Cat's co-workers might not be doing enough to help get that project finished. Your roars might stir things up, but gentle purrr-suasion will prove to be

Virgo (August 23 to September 22) Someone you care for needs help with a problem. Give it lovingly and without judging the situation. Whatever you feel you should know will be revealed later.

Libra (September 23 to October 22) While you're to be admired for how you handled recent workplace problems, be careful not to react the same way to a new situation until all the facts are in.

Scorpio (October 23 to November 21) Rely on your keen instincts as well as the facts at hand when dealing with a troubling situation. Be patient. Take things one step at a time as you work through it.

Sagittarius (November 22 to December 21) Your curiosity leads you to ask questions. However, the answers might not be what you hoped to hear. Don't reject them without checking them out.

Capricorn (December 22 to January 19) Be careful not to tackle a problem without sufficient facts. Even sure-footed Goats need to know where they'll land before leaping off a mountain path.

Aquarius (January 20 to February 18) Appearances can be deceiving. You need to do more investigating before investing your time, let alone your money, in something that might have some hidden flaws.

Pisces (February 19 to March 20) Your recent stand on an issue could make you the focus of more attention than you would like. But you'll regain your privacy, as well as more time with loved ones, by week's end.

Born This Week: You're a good friend and a trusted confidante. You would be a wonderful teacher and a respected member of the clergy.

MOMENTS IN TIME

- On Nov. 18, 1883, American and Canadian railroads begin using four continental time zones to end the confusion of dealing with thousands of local times. Most Americans and Canadians quickly embraced their new time zones, however, it was not until 1918 that Congress officially adopted the railroad time zones.
- On Nov. 19, 1915, British airman Richard Bell Davies performs a daring rescue, swooping down in his plane to whisk a downed fellow pilot from behind the Turkish lines. The British government awarded him the Victoria Cross.
- On Nov. 21, 1934, teenager Ella Fitzgerald wins Amateur Night at Harlem's Apollo Theater. Putting her name in the hat on a bet, she'd originally planned a dance number. History was made when she changed her mind and sang The Object of My Affection.
- On Nov. 20, 1947, Princess Elizabeth marries distant cousin Philip Mountbatten, former prince of Greece and Denmark, who renounced his titles to marry the English princess. Mountbatten was made the duke of Edinburgh.

- On Nov. 16, 1959, the smash musical The Sound of Music opens on Broadway to the consternation of the real Maria von Trapp and her stepchildren. Nearly all of the particulars she related in her 1949 book, The Story of the Trapp Family Singers, were ignored by the creators of the
- On Nov. 17, 1973, in the midst of the Watergate scandal that eventually ended his presidency, President Richard Nixon tells a group of newspaper editors that he is "not a crook."
- On Nov. 22, 1988, the Northrop B-2 "stealth" bomber is shown publicly for the first time at Air Force Plant 42 in Palmdale, California. Although the aircraft had a wingspan of nearly half a football field, its radar signal was as negligible as that of a bird. The B-2 also successfully evaded infrared, sound detectors and the visible eye.

NOW HERE'S A TIP

- Yard sales sponsored by churches and other charities can be a great source of bargains, especially at this time of year. Since they are a fundraiser, usually with donated items, they are motivated to sell, even if it's at a lower price. Oftentimes you can get items that still have tags, which make great gifts.
- "If your toothpaste is almost done, just snip off the top and dip your brush in the container. There's usually more in the tube." – TD in Kentucky
- If someone has written on your dry erase board with a permanent marker, try writing over it with a dry erase marker. Sometimes this works to remove the permanent marker.
- Wrap a bit of tape sticky side out around a straightened-out paper clip. You can GENTLY put it in the headphone jack to get out lint that is otherwise inaccessible. Also, keep a lintfree cloth that comes with glasses handy to clean the screen of your smartphone.
- "If you are inundated by paper, here are some things you can do to at least stem the tide: First, if you can't bear to shred something because you think it might be important, scan it first.

If you're the kind of person who prints out and saves things like online bill payment receipts, print to PDF and save it electronically." – WL in Illinois

• "It's really annoying when I put a shirt on or take one off and I get foundation on the collar. When that happens, I use shaving cream to remove it. After removing the garment, I squirt a dollop of shaving cream on the stain and rub it in. Sometimes I try to use a paper towel to remove some of it before I put it in the washer. Always check it before you put it in the dryer!" - LM in Washington

STRANGE BUT TRUE

- In March 1980, multiple female students at Southern California universities complained that someone had surreptitiously painted their toenails while they studied in the library. The perp, dubbed "Leonardo da Toenail," was caught but released, since police hadn't discovered him in the act. Apprehended again a year later, he was ordered to a hearing at the city attorney's office but didn't show up and was never seen again.
- ullet There are $1\Breve{2}$ times more trees on earth than there are stars in the Milky
- Academically gifted actress Sharon Stone skipped both kindergarten and first grade, entering second grade at age
- In the early '90s, Pepsi owned 17 submarines, a cruiser, a frigate and a destroyer, due to a deal with the Soviet Union in which they exchanged soda for military equipment.
- The oldest known pet cat existed 9.500 years ago.
- Ever find yourself nodding off in a boring meeting? You might want to invest in a box of "Sleep Safe Tape," a half-inch roll of transparent tape with pictures of eyes along its length that, as one source put it, allows users to "get the shuteye they need while appearing to be wide awake." Of course, the game is up if you start to snore...
 - Abraham Lincoln was a skilled continued on page 30



FRIDAY Mostly Cloudy High: 81 Low: 73



SATURDAY Cloudy High: 82 Low: 76



SUNDAY Partly Cloudy High: 84 Low: 75



MONDAY Sunny High: 83 Low: 77



THESDAY Partly Cloudy High: 81 Low: 73



WEDNESDAY Cloudy High: 79 Low: 74



THURSDAY Partly Cloudy High: 78 Low: 71

Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	12:02 pm	5:11 am	11:08 pm	4:59 pm
Sat	1:05 pm	6:00 am	11:36 pm	5:27 pm
Sun	2:07 pm	6:48 am	None	5:51 pm
Mon	12:07 am	7:38 am	3:13 pm	6:12 pm
Tue	12:41 am	8:29 am	4:28 pm	6:27 pm
Wed	1:20 am	9:23 am	None	None
Thu	2:03 am	10:21 am	None	None

Point Ybel Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	11:07 am	5:13 am	10:13 pm	5:01 pm
Sat	12:10 pm	6:02 am	10:41 pm	5:29 pm
Sun	1:12 pm	6:50 am	11:12 pm	5:53 pm
Mon	2:18 pm	7:40 am	11:46 pm	6:14 pm
Tue	3:33 pm	8:31 am	None	6:29 pm
Wed	12:25 am	9:25 am	None	None
Thu	1:08 am	10:23 am	None	None

Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	11:54 am	5:23 am	11:13 pm	5:30 pm
Sat	12:43 pm	6:14 am	11:43 pm	6:12 pm
Sun	1:32 pm	7:02 am	None	6:53 pm
Mon	12:13 am	7:51 am	2:24 pm	7:34 pm
Tue	12:45 am	8:39 am	3:17 pm	8:17 pm
Wed	1:21 am	9:25 am	4:07 pm	9:00 pm
Thu	2:06 am	10:11 am	4:58 pm	9:44 pm

Cape Coral Bridge Tides

Day	<u>High</u>	Low	<u>High</u>	Low
Fri	12:54 am	8:27 am	2:12 pm	8:15 pm
Sat	1:18 am	9:16 am	3:15 pm	8:43 pm
Sun	1:46 am	10:04 am	4:17 pm	9:07 pm
Mon	2:17 am	10:54 am	5:23 pm	9:28 pm
Tue	2:51 am	11:45 am	6:38 pm	9:43 pm
Wed	3:30 am	12:39 pm	None	None
Thu	4:13 am	1:37 pm	None	None

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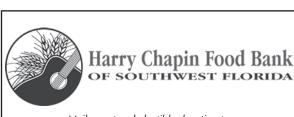




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Five Key Tips For Safely Enjoying Outdoor Activities

With COVID-19 continuing to place limitations on social activities and engagements, people may increasingly turn to grilling, fire pits and other at-home outdoor activities during cooler weather. With that understanding, the National Fire Protection Association (NFPA) is providing important reminders and guidelines for safely enjoying these activities.

"Use of outdoor, fuel-based equipment like grills, fire pits and campfires do present potential fire hazards, but by following some basic precautions and guidelines, those risks can be minimized," said Lorraine Carli, vice president of Outreach and Advocacy at NFPA.

Make sure your gas grill is working properly:

Leaks or breaks are primarily a problem with gas grills. Check the gas tank hose for leaks before using it for the first time each year.

If your grill has a gas leak detected by

smell or the soapy bubble test, and there is no flame, turn off both the gas tank and the grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department.

If you smell gas while cooking, immediately get away from the grill and do not move it. If the flame goes out, turn the grill and gas off and wait at least five minutes before re-lighting it.

Never leave equipment unattended:

Make sure to closely monitor food cooking on the grill. Turn the grill off promptly when you're done cooking and let it cool completely before returning it to its original location.

For campfires, fire pits and chimineas, always have a hose, bucket of water, or shovel and dirt or sand nearby, and make sure the fire is completely out before going to sleep or leaving the area.

Keep equipment a safe distance from things that can burn:

Place your grill well away (at least three feet) from anything that can burn, including deck railings and overhanging branches; also keep them out from under eaves.

Also keep them out from under eaves.

Keep portable grills a safe distance from lawn games, play areas and foot traffic.

Keep children and pets well away from

any type of equipment in use.

In areas where campfires are permitted, they must be at least 25 feet away from any structure and anything that can burn. Also make sure to clear away dry leaves and sticks, overhanging low branches and about the control of the stock of th

Use fuel and fire starters properly:

If you use a starter fluid to ignite charcoals, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire.

Keep charcoal fluid out of the reach of children and away from heat sources.

Never use gasoline or other flammable or combustible liquids on firepits, chimineas, or campfires.

For electric charcoal starters, which do not use fire, make sure the extension cord you are using is designed for outdoor use.

If a fire breaks out, call the fire department:

For any type of outdoor fire that can't be quickly and effectively extinguished, call the fire department immediately for assistance.

For more information, visit www.nfpa. org. All NFPA codes and standards can be viewed online for free at www.nfpa.org/freeaccess.*

From page 28

Strange But True

wrestler and was honored with an award from the National Wrestling Hall of Fame in 1992.

• At least six ravens are kept at the Tower of London at all times, due to an old superstition that says: "If the ravens leave the Tower, the Kingdom will fall." The birds even have part of a wing clipped so if they do decide to fly around, they won't get very far.

THOUGHT FOR THE DAY

"The glow of one warm thought is to me worth more than money."

- Thomas Jefferson

TRIVIA TEST

- 1. **Geography**: Which of the Great Lakes is the largest in surface area?
- 2. **Literature**: Which 20th-century novel's working title was *Tomorrow Is Another Day*?
- 3. **Measurements**: What does an anemometer measure?
- 4. Television: Which 1980s sitcom featured the characters Mrs. Garrett, Tootie and Jo?

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10/30 # TEN

PSA

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Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.

- 5. **Entertainers**: Which singer was born with the name Stefani Joanne Angelina Germanotta?
- 6. **Advertising**: Who is the mascot of the snack brand Cheetos?
- 7. **Anatomy**: How much blood does the average human have?
- 8. **Movies**: What was the name of the 1993 movie in which actor Tom Hanks plays a lawyer with HIV?
- 9. **U.S. States**: What is the official state bird of Minnesota?
- 10. **Astronomy**: Which planet in our solar system has the largest moon?

RIVIA ANSWERS

moon Ganymede 9. Common loon 10. Jupiter, with the 7. 1.2 to 1.5 gallons 8. Philadelphia Life 5. Lady Gaga 6. Chester Cheetah 3. Wind speed and pressure 4. The Facts of 1. Lake Superior 2. "Gone With the Wind"

SCRAMBLERS ANSWER

- 1. Seduce 2. Placate;
- 3. Mighty; 4. Legend

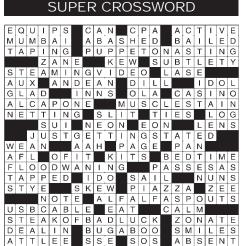
Today's Word

DISHPAN

HORTOONS



PUZZLE ANSWERS



	KING CRUSSWURD											
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MAGIC MAZE

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2	8	4	5	6	9	1	3	7
1	5	3	8	7	4	6	9	2
9	7	6	1	3	2	8	4	5
8	4	2	6	9	5	7	1	3
7	3	9	4	1	8	2	5	6
6	1	5	7	2	3	4	8	9

SUDOKU

Top 10 Real Estate Sales

Cl. dininin	C:L.	V D:14	Causana Falata an	Listin - Duis -	Calling Dains	Dans On Manlast
Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	1984	6,775	\$8,775,000	\$8,775,000	0
Bonita Beach	Bonita Springs	1997	2,975	\$2,395,000	\$2,010,000	0
Westlake Court	Estero	2020	3,147	\$1,792,818	\$1,792,818	0
Kreamers Subd	Bokeelia	2015	3,689	\$1,499,000	\$1,475,000	320
Cape Coral	Cape Coral	1976	5,111	\$1,500,000	\$1,300,000	118
Jonathan Harbour	Fort Myers	2001	2,962	\$1,299,000	\$1,300,000	27
Flamingo Bayou Subd	Fort Myers Beach	1983	3,334	\$1,295,000	\$1,235,000	41
Wildblue	Fort Myers	2019	4,470	\$1,295,500	\$1,200,000	11
Brantley Oaks	Fort Myers	2015	3,697	\$1,200,000	\$1,150,000	22
Metes And Bounds	Sanibel	1979	2,047	\$1,329,000	\$1,115,000	533

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